

CURRICULUM VITAE

**Cheryl Achterberg**

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**EDUCATION**

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| 1986 | Ph.D. | Nutrition, Cornell University <ul style="list-style-type: none"><li>• Minor: Human Development</li><li>• Minor: Science Education</li><li>• Dissertation: Shared meaning of food nutrition in families with young children: A study in social cognition</li></ul>   |
| 1981 | M.S.  | Human Development, University of Maine at Orono <ul style="list-style-type: none"><li>• Major: Nutrition</li><li>• Thesis: Nutrition and other factors affecting failure to thrive in a rural population</li><li>• Graduated with High Honors</li></ul>   |
| 1975 | B.S.  | Biological Sciences, California Polytechnic State University, San Luis Obispo, California <ul style="list-style-type: none"><li>• Major: Biology</li><li>• Concentration: Microbiology</li><li>• Concentration: Animal Behavior</li><li>• Graduated with High Honors</li><li>• Undergraduate Thesis: Resocialization and open field and dispersal strategies in two strains of mice</li></ul> |

**CONTINUING PROFESSIONAL EDUCATION**

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|------|--|---|
| 2003 |  | Advancing Women's Leadership: Styles, Strategies, Tools, American Council on Education, Washington, D.C.    |
| 2001 |  | Institute for Management and Leadership in Education, Leading Transformation and Change, Harvard University |

## PROFESSIONAL EXPERIENCE

- 2008-present      Dean, College of Education and Human Ecology, The Ohio State University
- Provide leadership for 190 regular faculty, 356 staff members, and 5,220 students
  - Leading culture change in a newly merged college in the nation's largest single campus university
  - Administrative oversight for all academic and non-academic operations of a college ranked 16<sup>th</sup> among public and private universities, and 10<sup>th</sup> among public universities by *US News & World Report 2009 America's Best Graduate Schools*
- 2005-2008      Dean, College of Human Sciences, Iowa State University
- Inaugural Dean
  - Combined former College of Education and College of Family and Consumer Sciences
  - Reorganized administration staff, IT, research office, fund raising, international exp., college communications, etc.
  - Provided leadership for 200 faculty and enrollment of approximately 3300 students
- 1998-2005      Dean, Schreyer Honors College, The Pennsylvania State University
- Founded College
  - Increased enrollment from 1400 to 1900 students, all majors, serving 23 colleges
  - Negotiated 200 honors courses annually
  - Established two honors residence halls, oversaw building renovations
  - Reorganized staff
  - Started up fund-raising development efforts, alumni society, suite of innovative courses
  - Built aggressive program to support international courses, diversity and undergraduate research
- 1996-2005      Professor, Nutritional Sciences Department, The Pennsylvania State University
- Teaching at graduate and undergraduate level; research in nutrition education, community intervention and the development of food patterns.
- Also:
- Affiliate Professor, School of Information Sciences and Technology, The Pennsylvania State University (since 2000)
- Affiliate Professor, Education Theory and Policy, College of Education, The Pennsylvania State University (since 2000)

- 1997-1998      Acting Dean, Schreyer Honors College, The Pennsylvania State University
- Responsible for launching this new college, including reorganization of staff functions, internal and external relations, creating a vision/mission statement, hiring, etc.
- 1996-1997      Administrative Fellow, President's Office, The Pennsylvania State University
- Traineeship with Executive Vice-President and Provost re: university administrative duties, assisted with special projects.
- 1996-1997      Fellow, CIC Academic Leadership Program, CIC Institutions (Big 10 Universities & University of Chicago)
- Intensive training with fellows from 11 institutions at three university sites in personnel, academic policy, and finance.
- 1992-1996      Director, Penn State Nutrition Center, The Pennsylvania State University
- Administration of consumer behavior research laboratory, nutrition resource collection, and diet assessment services.
- 1991-1996      Associate Professor, Nutritional Sciences Department, The Pennsylvania State University
- 1990-Fall      Visiting Professor, Division of Applied Nutrition, University of Guelph, Ontario, Canada and Hamilton-Wentworth Regional Department of Public Health Services
- 1985-1991      Assistant Professor, Nutritional Sciences Department, The Pennsylvania State University
- 1985-1991      Co-Director, Penn State Nutrition Center, Nutrition Department, The Pennsylvania State University
- Leadership role in the management and development of this resource and research center.
- 1982-1985      Graduate Student, Division of Nutritional Sciences, Cornell University
- 1982              Community Nutritionist, Washington County, Maine
- Head Start Nutritionist
  - W.I.C. Nutrition Consultant
  - Continuing Education Teacher, University of Maine
- 1981-1982      Instructor, School of Human Development, University of Maine
- Taught introductory and advanced nutrition courses in Human Nutrition

- 1980                    Research Nutritionist, University of Maine, School of Human Development
- Assisted in development of computer-assisted nutrition program for university students; data analysis for various projects.
- 1979-1980            Graduate Assistant, University of Maine, Animal Science Department
- Taught beginning and advanced horsemanship (lectures and lab).
- 1977-1979            Assistant Food Technologist, University of Maine, Food Science Department
- Directed lab research to assess quality and biochemical composition of new potato varieties.

## **HONORS**

### Research Awards

- BC Decker Inc. Award, *J. of Nutr. Educ.* (2000) – for best research article published May 1999-March 2000
- Burroughs Welcome Visiting Professor, “When Pills Become Food and Food Becomes Pills: Dietary Patterns Among Older Adults.” The University of North Carolina at Greensboro, (February 8, 1999)
- American Institute of Nutrition-Mead Johnson Research Award (1993)

### Teaching Awards

- Milton S. Eisenhower Award for Distinguished Teaching, The Pennsylvania State University (1995)
- The Continuing and Distance Education Faculty Excellence Award, The Pennsylvania State University (1995)
- Penn State Alumni University Teaching Award, Finalist (1994)
- Dorothy J. Barnes Teaching Award, College of Health and Human Development, The Pennsylvania State University (1992)
- Pan Hellenic Council, Outstanding Faculty Award, The Pennsylvania State University (1989-1995)
- Division of Nutritional Sciences, Cornell University, Honorable Mention (1983)

### Fellowships

- Fellow, CIC Academic Leadership Program, CIC Institutions (1996-1997)
- Administrative Fellow to the Executive Vice President and Provost, President’s Office, The Pennsylvania State University (1996-1997)
- Omicron Nu National Research Fellowship (1984-1985)

- U.S. Department of Education, Graduate Professional Opportunities (G\*POP) Fellowships (1982-1985)
- Cornell University, Graduate School Fellowship (1982-1983; 1983-1984; 1984-1985)

### Scholarships

- American Dietetic Association, B.I.H. Food Service Corporation Corporate Donor Scholarship (1984-1985)
- Soroptimist Club Scholarship, Santa Clarita Valley, CA (1971-1972)

### Other Awards

- Who's Who in Healthcare and Medicine (1997)
- International Who's Who (1995)
- Who's Who in America (1995)
- Ruth M. Leverton Award in Nutrition Education, American Dietetic Association (1995)
- Who's Who in Science and Engineering, 2<sup>nd</sup> edition (1994)
- Award for Creative Accomplishment, National University Continuing Education Association (NUCEA) (1993)
- Outstanding Young Women in America (1986-1987)
- Omicron Nu Student Research National Writing Award (1983)

### **BOARD MEMBERSHIPS**

- USDA and DHHS, Dietary Guidelines Advisory Committee (2008-present)
- NASULGC, Board on Agriculture Assembly (BAA) Farm Bill Implementation Assistance Committee (2008-2009)
- NASULGC, CSREES Budget Advisory Committee Member (2007-2009)
- NASULGC, Board on Human Sciences, Secretary (2007-2009)
- NASULGC, Board on Human Sciences, Executive Committee Member, at-large (Research University Representative) (2005-2007)
- NASULGC Board on Human Sciences, Ad Hoc Futures Committee Member (2005-2006)
- NASULGC, Board on Human Sciences, Board of Directors Member, (2005-present)
- Dannon Institute, Tarrytown, New York, Board of Directors Member (1996-present); Scientific Council Member; Advisor, Nutrition Leadership Institute Committee; Awards for Excellence/Community Nutritionary Committee
- "The Seven Revolutions" Advisory Committee, Center for Strategic and International Studies, Washington D.C. (2002-2005)

- “The Leadership Academy” Advisory Committee, Center for Strategic and International Studies, Washington, D.C. (2002-2005)
- National Advisory Board Member, The Harvard Nutrition and Fitness Project, Harvard School of Public Health (1994-1996)
- Society for Nutrition Education Board Member (1992-1995)
- Nutrition Education Research Advisory Council, Dairy Council, Chicago, IL (1987-1989)

## **CONSULTANCIES**

- External Reviewer, Honors Program, The Ohio State University, Spring 2004
- DINE Systems, Inc., Buffalo, NY (1993-1994)
- Bell Associates, Inc., Boston, MA (1992-1993)
- Kraft General Foods, Chicago, IL (1992-1993)
- Dairy Promotion Board, New Zealand (1991)
- National Dairy Council, U.S. (1991-1992)
- U.S.A.I.D./UNESCO, Paris (1991)
- Commonwealth K12 Math and Science Partnership, Strand 4 (College Science, Math, and Engineering) Advisory Board, National Science Foundation project (2003-2006)
- Reviewer, Kappa Omicron Nu Research III Awards, 2004
- Research Triangle Institute, Health and Social Policy Division (1999-2000)
- Dairy Management Inc., Rosemont, IL (1995-1998)
- Food and Agricultural Organization and World Organization Joint Consultancy, Cyprus (1995)
- Institute of European Food Studies, Dublin, Ireland (1995-1996)
- Opportunities in Micronutrient Interventions, ILSI/USAID, Washington, D.C., Advisory Board Member (1995-2000)
- Food and Agricultural Organization, U.N., Rome (1995)
- Food and Agricultural Organization, U.N., Rome (1994)
- Food and Agricultural Organization, U.N., Rome (1993)
- Food and Agricultural Organization, U.N., Bangkok (1993)

## **PROFESSIONAL AND HONORED MEMBERSHIPS**

- American Conference of Academic Deans (2004)
- American Educational Research Association AERA (2008-present)
- American Dietetic Association (Member #706629):
  - Member Champion Team 1994-1995
  - Invited author of comments to The Dietary Guidelines Advisory Committee (1995)

- Strategic Advisory Team (1993-1995)
  - Invited Reviewer of Position Paper (1994)
  - Invited author of comments on food label (1993)
- American Association for Colleges and Universities Associate Program Representative for The Pennsylvania State University (2002-2003; 2003-2004)
- American Institute of Nutrition:
  - E.V. McCollum International Lecturer Committee Chair (1995-1997)
  - Minisymposia Chair (1993; 1994)
- American Public Health Association, #3634812
- Association of American Universities AAU (2008-present)
- Council of Academic Deans from Research Education Institutions CADREI (2008-present)
- California Scholarship Federation, Life Member
- Committee on Research Universities (2000-present)
- Golden Key National Honor Society – Honorary Member (1999-present)
- Learning and Education Academic Research Network LEARN (2008-present)
- National Collegiate Honors Council (1998-present)
  - Large University Committee (2002-present)
  - Honors College Ad Hoc Committee (2003-present)
- New York Academy of Science, Member #54148
- Omicron Nu/Phi Upsilon Omicron
  - Chapter Advisor (1986-1989)
  - Kappa Omicron Nu – Research III Awards Review Committee (2003-2004)
- Phi Kappa Phi – Honorary Member
- Sigma Xi, 3860520385
- Society for Behavioral Medicine
- Society for Nutrition Education:
  - Chair, Annual Meeting Abstracts Review Committee (1995-1996)
  - Public Policy Membership Network Review Panel (1994-1995)
  - Advisory Committee on Partnerships (1994-1995)
  - Chair, Search Committee, Journal Editor (1994-1995)
  - Nominating Committee (1990-1991)
  - National Meeting Planning Committee Member (1989)
  - Chairman, Research Abstracts Review Committee for Annual Meeting, (1989; 1995)
  - Member, Board of Editors for *Journal of Nutrition Education* (1988-1993)
  - ESPolicy Advisory Council Member (1986-1988)

- Division of Higher Education, Chairman of Nominating Committee (1985-1986)
- State University Education Deans SUED (2008-present)

## **INVITED REVIEWS**

### Institutional Reviews

- External Reviewer, Honors College, Washington State University, Spring 2005
- External Reviewer, Barrett Honors College, Arizona State University, Winter 2005
- Honors Program Review, The Ohio State University, Spring 2004
- Honors Program Review, University of Connecticut, Fall 2002
- Nutrition Programs Review Committee, Member, College of Education, University of New Mexico, Albuquerque, NM, Feb. 1995

### Grant Reviews

- Nutrition Program Review Committee Member, Health Education, University of Cincinnati, Cincinnati, OH (Fall 1996)
- Reviewer, Grants Program, New Zealand Dairy Advisory Board (April 1995)
- Scientific Review Committee Member, Cancer Prevention and Control Research Small Grant Program, NCI (1994)
- Reviewer, Special Study Section Review, National Cancer Institute, National Institutes of Health (November 1994)
- Reviewer, Dietary Guidelines and Your Diet, Home and Garden Bulletins 253-1 to 253-8, Human Nutrition Information Service, USDA (1993)
- Peer Review Panel, Opportunities for Micronutrient Interventions (OMNI) program, International Life Sciences Institute (1993-1998)
- Ad Hoc Reviewer, Human Nutrition Information Service, USDA (1991)
- Reviewer, Nutrition Study Section, Division of Research Grants, NIH (1991)
- Ad Hoc Technical Review Group, Contract Review Office, National Cancer Institute (1987)

### Journal Reviews

- Ad Hoc Reviewer (2005-present):  
*American Journal of Preventive Medicine;*  
*Family and Consumer Sciences Research Journal;*  
*International J. of Behavioral Nutrition and Physical Activity;*  
*J. American Dietetic Association;*  
*J. National collegiate Honors Council;*

*J. Nutrition Education and Behavior;*  
*Qualitative Health Research Journal;*

- Board of Editors, *J. Fam. Consumer Sci.* (1998-2005)
- Board of Editors, *Family Economics and Nutrition Review* (1998-2005)
- Board of Editors, *Journal of Nutrition Education* (1988-1990; 1991-1993)
- Board of Editors, *J. Natl. Collegiate Honors Council* (2005-present)

## **RESEARCH**

- “Leveraging Faculty for Leadership,” \$2,200 Mini-Grant Proposal for FY 01-03 Phase 2, Kellogg Foundation Leadership for Institutional Change (LINC) Initiative. The Pennsylvania State University, 12/01-6/03, Principal Investigator.
- “Concepts of Food and Nutrition in Low-Income Young Children,” (Pilot Project) \$4,000, Children, Youth, and Families Consortium. The Pennsylvania State University, 11/01-11/02, Principal Investigator.
- “Leadership Roundtable: Developing Leadership Skills in PSU’s Undergraduate Population,” \$3,500 Mini-Grant Proposal for FY00-01 Phase 2 Kellogg Foundation Leadership for Institutional Change (LINC) Initiative. 12/00-8/01, The Pennsylvania State University, Principal Investigator.
- “Developing an Intensive Leadership honors Course for Incoming Freshman,” \$3,500 Mini-Grant Proposal for FY 00-01 Phase 2, Kellogg Foundation Leadership for Institutional Change (LINC) Initiative. The Pennsylvania State University, 12/00-8/01, Principal Investigator.
- “International Service Learning Field Course,” \$3,500 Mini-Grant Proposal for FY 00-01 Phase 2, Kellogg Foundation Leadership for Institutional Change (LINC) Initiative. The Pennsylvania State University, 12/00-8/01, Principal Investigator.
- “Pueblo of Zuni WIC Program,” Zuni Pueblos, NM, \$54,637 (direct and indirect costs), 4/15/00-12/31/00, Co-Principal Investigator (with Jeannie McKenzie, PhD, RD)
- “Use of Facilitated Group Discussion (FGD) to Evaluate Nutrition-Related Behavior Change in Educators and Clients,” State of Maine, \$15,000 (direct and indirect costs), 10/01/99-09/30/00, Co-Principal Investigator (with Gail Lombardi, RD).
- “Patterns of Dietary Change in Older Adults,” National Cancer Institute, NIH, (RO3 CA 70971-01) \$49,560 (direct costs), \$16,791 (indirect costs), 8/1/96-7/30/97, Principal Investigator.
- “Strategic Programming Initiative: C& DE and Nutrition and Dietetics,” Continuing and Distance Education, The Pennsylvania State University, \$225,000 (direct costs), 4/15/96-4/14/99, Principal Investigator.
- “Food Choice Behavior at Point-of-Purchase in Women in Noninsulin Dependent Diabetes Mellitus,” Kate Doyle New Investigator Award, American Association of Diabetes Education, \$5,004 (direct costs), 8/1/96-7/1/97, Principal Investigator.
- “Evaluation of Nutrition Education in California WIC Programming,” State of California Public Health Department and USDA, \$423,000 (direct and indirect costs), 10/1/96-90/30/99. Principal Investigator.

- “Nutrition Education for African-American and Hispanic Children in Camden, New Jersey,” Campbell’s Soup Inc., \$72,500 (direct costs), \$52,500 (indirect costs), 7/95-6/97, Principal Investigator of subcontract with University of Pennsylvania (with Andrew Tershakovec, PI).
- “The School Meal Initiative for Health Children, PA School Food Service Educational Campaign,” The Pennsylvania Department of Education, \$413,974 (direct costs), 9/95-9/97, Co-Principal Investigator (with Claudia Probart).
- “An Evaluation of an Integrated Nutrition Education Computer Program,” Center for Study of Child and Adolescent Development, The Pennsylvania State University, \$2,634 (direct costs), 1996 Principal Investigator.
- “Evaluation of Nutrition Education in New Mexico WIC Program,” Department of Public Health, State of New Mexico, \$34,855 (direct costs), \$24,726 (indirect costs), 10/95-5/96, Principal Investigator.
- “Exploring the Many Dimensions of the Food Guide Pyramid,” Center for Academic Computing, The Pennsylvania State University, \$2,039 (direct costs), 1994-1995, Co-Principal Investigator (with Eileen McDonnell).
- “Distance Education Course in Nutrition Education,” Continuing and Distance Education, The Pennsylvania State University, \$12,968 (direct costs), 1994-1995, Co-Principal Investigator (with Eileen McDonnell).
- “Environmental Health Science Action Packs,” Public Health Services, National Institutes of Health, \$323,964 (direct costs), \$132,825 (indirect costs), 1994-97, Co-Principal Investigator (with Claudia Probart).
- “Easy Does It: A Behavior Change Program to Lower Dietary Fat in American Adults,” Kraft-General Foods, \$150,538 (direct costs), 1993-1994, Principal Investigator.
- “State of the Art Review of Nutrition Education,” Food and Agriculture Organization, United Nations, \$30,000 (direct costs), 1993-1994, Principal Investigator.
- “Nutrition Media Alliance,” Continuing and Distance Education, The Pennsylvania State University, \$22,000 (direct costs), 1993-1994, Principal Investigator.
- “Nutrition Summer Science Institute for High School Teachers,” Sugar Association, \$30,000 (direct costs), 1993-1994, Principal Investigator.
- “Bridge to Excellence: Communicating Nutrition to WIC Clients,” Continuing and Distance Education, The Pennsylvania State University, \$39,264 (direct costs), 1993-94, Co-Principal Investigator (Claudia Probart).
- “Enhancement and Promotion of Nutrition Education II,” Howard Heinz Endowment, \$876,832 (direct costs), 1/92-12/95, Principal Investigator.
- “An Interdisciplinary Nutrition Education Curriculum for Pennsylvania Adolescents in the q Middle Grades,” Part II, The Pennsylvania Department of Education, \$47,425 (direct costs), 1992-1993, Principal Investigator.
- “Evaluation of a Cholesterol Education Program for At-Risk Children,” The National Heart, Lung and Blood Institute, National Institutes of Health, \$2,376,000 (\$950,400 indirect costs) 1991-1994, Co-Principal Investigator (with Barbara Shannon).
- “Feasibility of Collecting Focus Group Data from Young Adolescents,” PRIDE Initiative, College of Health and Human Development, The Pennsylvania State University and the Carnegie Foundation, \$1,000 (direct costs), 1991-92, Principal Investigator.
- “An Interdisciplinary Nutrition Education Curriculum for Pennsylvania Adolescents in the Middle Grades,” Part I, The Pennsylvania Department of Education, \$59,911 (direct

- costs), 1991-1992, Principal Investigator.
- "Review of the Four Food Group Literature," National Dairy Council, \$7093 (direct costs), 1991, Principal Investigator.
- "Food Choice: Knowledge, Cognitions and Behavior of Female Older Adults in Rural America," Center on Aging and Health in Rural America, The Pennsylvania State University, \$31,961 (direct costs), 1991-1993, Co Principal Investigator (With Alex von Eye).
- "A Comparison of Methods to Reach Low-Literate Adults with Dietary Guidelines Information," Selected Research Initiatives, College of Agriculture, The Pennsylvania State University, \$71,977 (direct costs), 1990-1992, Co-Principal Investigator (with Audrey Maretzki).
- "Parental Influence on the Child's Acquisition of Meaning for Food and Nutrition," Hatch Grant #2911, \$45,000 (direct costs), June 1986-May 1989.
- "Enhancement and Promotion of Nutrition Education," H.J. Heinz Foundation, \$750,000 (direct costs), January 1989-December 1991, Co-Principal Investigator (with Barbara Shannon).
- "Cognitive Bases of Changes in Attitudes Towards Nutrition, Part I," Cognition Studies Group, Faculty Development Grant, The Pennsylvania State University, \$4,320 (direct costs), 1989-1990, Principal Investigator.
- "Cognitive Bases of Changes in Attitudes Towards Nutrition, Part 2," Gerontology Center, The Pennsylvania State University, \$1,681 (direct costs), 1989-90, Co-Principal Investigator.
- "Pilot Study to Develop Instruments and Train Interviews in Qualitative Data Analysis," Center for the Study of Child and Adolescent Development, The Pennsylvania State University, \$1000 (direct costs), 1988. Principal Investigator.
- "Theory Building Study of Adult Gender Differences in Epistemology and Nutrition Knowledge Structure: Implications for Nutrition Education," National Dairy Council Nutrition Education Research Advisory Council, \$9,634 (direct costs), \$963 (indirect costs), 1988-1989, Co-Principal Investigator (with Gary Auld).
- "Nutrition and Your Health: Dietary Guidelines for Americans," United States Department of Agriculture, Human Nutrition Information Service, \$93,600 (direct costs), \$62,400 (indirect costs), 1988-1990, Principal Investigator.
- "Comparisons of Bulimic and Normal Weight Non-Bulimic Individuals," Center for the Study of Child and Adolescent Development, The Pennsylvania State University, \$1,000 (direct costs), October 1987-April 1988, Principal Investigator.
- "A Comprehensive Review and Evaluation of Computer Nutrient Analysis Software for Adolescents," Center for the Study of Child and Adolescent Development, The Pennsylvania State University, \$1,000 (direct costs), October 1987-April 1988, Principal Investigator.
- "A Program to Enhance Nutrition Education and Peer Education Strategies for EFNEP Aides and Agents," March of Dimes Birth Defects Foundation, \$9,000 (direct costs), \$900 (indirect costs), 1987-1988, Principal Investigator.
- "Evaluation of Dietary Guidelines and Your Diet," United States Department of Agriculture, Human Nutrition Information Service, \$1 17,000 (direct and indirect costs), 1987- 1988, Principal Investigator.
- "A Program to Enhance Nutrition Education for Pregnant and Nonpregnant Adolescents," March of Dimes Birth Defects Foundation, \$1 8,000 (direct costs), \$2,000 (indirect costs), 1986-1987, Co-Principal Investigator (coauthored with Barbara Shannon).

"Optimal Nutrition for Secondary-School-Aged Athletes' Metropolitan Life Foundation,"  
\$25,000 (direct costs), October 1985-December 1986, Principal Investigator.

## **PEER REVIEWED PUBLICATIONS**

### **Peer Reviewed Journal Articles (Note: 1997-present, the last authorship signifies senior investigator/thesis adviser)**

- Fleishhacker, S., K. Cason and **C. Achterberg**. Always a vegetable at dinner: A fruit and vegetable qualitative study with primary care providers of preschoolers enrolled in an inner-city, Head Start Child Care Center. *J Hunger and Environ. Nutr.* 1(4), 2007.
- Fleishhacker, S., K. Cason and **C. Achterberg**. A start to educating Head Start preschoolers on fruits and vegetables. *The Forum for Family and Consumer Issues.* 11 (2):ISSN 1540 5273, 2006 (available online at: <http://www.cesnesu.edu/dept/fcs/bub/11-2/ral.html>)
- Fleishhacker, S., K. Cason and **C. Achterberg**. "You Had Peas Today?": A pilot study comparing a Head Start child-care center's menu with the actual food served. *J Am. Dietet. Assoc.*, 106(2): 277-280, 2006.
- Achterberg, C.** The ages of imitation, authenticity and originality. *J. Nat'l Collegiate Honors Council* 6:41-42, 2005.
- Achterberg, C.** What is an honors student? *J. Nat'l Collegiate Honors Council.* 6:75-83, 2005.
- Achterberg, C.** Differences between an Honors Program and Honors College: A case study. *J. Nat'l Collegiate Honors Council.* 5:87-96, 2004.
- Achterberg, C.** Honors in research: 20 years later. *J. Nat'l Collegiate Honors Council.* 5:33-36, 2004.
- Achterberg, C.** and C. Miller. Is one theory better than another in nutrition education?: A viewpoint. *J. Nutr. Educ. Behavior* 36(1): 40-42, 2004.
- Fleishhacker, S, and **C. Achterberg**. Ensuring a healthy start is part of Head Start. *J. Am. Dietet. Assoc.* 103(12): 1583-1584, 1586, 2003.
- Achterberg, C.** A capstone honors course on leadership. In: *The Nat'l Honors Report.* Vol. Radford, VA: NCHC, Inc. 24(2):40-44, Summer 2003.
- Achterberg, C.** How honors programs can encourage research. *The Nat'l Honors Report* 23(1): 17-19,2002,
- Achterberg, C.,** A. Wetzel and E. Whitbeck. Student-led quality teams in the classroom. *Of Nat'l Honors Council* 3(1):75-88, 2002.
- Nestor, B., N. Hasan, J. McKenzie, N. Crocker and **C. Achterberg**. Client satisfaction with the nutrition education component of the California WIC program. *J. Nutr. Educ.*, 33:83-94, 2001.
- Matheson, D, and **C. Achterberg**. Ecologic study of children's use of a computer nutrition education program. *J. Nutr. Educ.* 33(1):2-9, 2001.
- Townsend, M.S., I. Peerson, B. Love, **C. Achterberg** and S.P. Murphy. Food insecurity is positively related to overweight women. *J. Nutr.* 131:1783-1745, 2001.
- AbuSabha, R., G. Hsieh and **C. Achterberg**. Dietary fat reduction strategies used by a group of adults aged 50 years and older. *J. Am. Dietet. Assoc.*, 101:1024-1030, 2001.
- Miller, C.K. and **C. Achterberg**. Reliability and validity of a nutrition and food-label knowledge test for women with type 2 diabetes mellitus. *J. Nutr. Educ.*, 32(1):43-48, 2000.

- Taylor-Davis, S., H. Smickilas-Wright, **C. Achterberg**, G. Jensen, A. Sayer and B. Shannon. Responses of older adults to theory-based nutrition newsletters. *J. Am. Dietet. Assoc.*, 100(6):656-664, 2000.
- Matheson, D. and **C. Achterberg**. A process evaluation model for nutrition education computer assisted instruction programs. *J. Nutr. Educ.*, 31(2):105-113, 1999.
- AbuSabha, R., J. Peacock and **C. Achterberg**. How to make nutrition education more meaningful through facilitated group discussions. *J. Am. Dietet. Assoc.*, 99(1):72-76, 1999.
- Clark, K.L., R. AbuSabha, A. von Eye and **C. Achterberg**. Text and graphics: Manipulating nutrition brochures to maximize learning. *Health Educ. Res: Theory and Practice*, 14(4):555-564, 1999.
- Keenan, D.P., R. AbuSabha, M. Sigman-Grant and **C. Achterberg**. Factors that influence dietary fat reduction behaviors. *J. Nutr. Educ.*, 31(3):134-144, 1999.
- Kumanyika, **S.K.**, L. Adams-Campbell, B. VanHorn, T. Ten Have, J. Treu, E. Askov, J. Williams, **C. Achterberg**, S. Zaghoul, D. Monsegu, M. Bright, D.B. Stoy, M. Malone-Jackson, D. Mooney, S. Deiling and J. Caulfield. Outcomes of a cardiovascular nutrition counseling program in African-Americans with elevated blood pressure or cholesterol level. *J. Am. Dietet. Assoc.*, 99:1380-1388, 1999.
- Miller, C.K., G. Jensen and **C. Achterberg**. Evaluation of a food label nutrition intervention for women with type 2 diabetes mellitus. *J. Am. Dietet. Assoc.*, 99:323-328, 1999.
- AbuSabha, R., J. McKenzie, S. First and **C. Achterberg**. Distance teaching as a method to provide continuing education for community nutrition professionals. *Fam. Consum. Sci. Res. J.*, 91(3):124-130, 1999.
- Tershakovec, A.M., B.M. Shannon, **C. Achterberg**, J.M. McKenzie, J.K. Martel, H. Smickilas-Wright, S.E. Pammer and J.A. Cortner. One year follow-up of nutrition education for hypercholesterolemic children. *Am. J. Public Health*. 88(2):258-261, 1998.
- AbuSabha, R., M.L. Kiel, J. Peacock and **C. Achterberg**. Training for facilitated group discussion: Impact on practice in a community nutrition setting. *Australian J. of Nutrition and Dietetics*, 55(3):108-114, 1998.
- Getty, V. and **C. Achterberg**. From Land to Landfill: A systems perspectives use of an organizing theme in an interdisciplinary multimedia curriculum. *J. Nutr. Educ.*, 30: 178C, 1998.
- AbuSabha, R., J. McKenzie, D. Torres and **C. Achterberg**. Evaluation of nutrition education of a supplemental food program in New Mexico. *Fam. Consum. Sci. Res. J.*, 90(4):98-104, 1998.
- AbuSabha, R., M.L. Kiel and **C. Achterberg**. Evaluation of a mixed-model teleconference approach for distance education in nutrition and dietetics. *Topics in Clin. Nutr.*, 12(2):27-37, 1997.
- Miller, C., R. Warland and **C. Achterberg**. Food purchase decision-making typologies of women with non-insulin-dependent diabetes mellitus at point-of-purchase, *Patient Educ. and Counseling*. 30(3):271-281, 1997.
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- McCullum, C. and **C. Achterberg**. Food shopping and label use behavior among high school-aged adolescents. *Adolescence*, 32(125):181-197, 1997.

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- Shearer, E.S., C.K. Probart and **C. Achterberg**. Evaluation of a distance and continuing education and training and teleconference for Pennsylvania nutritionists. *Journal of the American Dietetic Association*, 95(9):A69, Chicago, IL, October 1995.
- Probart, C.K., E.T. McDonnell, **C. Achterberg**, S. Anger and J. Engelder. Evaluation of an interdisciplinary nutrition curriculum for middle school students. Society for Nutrition Education Annual Meeting, Abstracts of Presentations, 20:40, Washington, D.C., July 1995.
- Palmer-Keenan, D. and **C. Achterberg**. Controllable factors that facilitate behavioral dietary fat reduction. Experimental Biology Annual Meeting. Atlanta, GA, #5809:A1002, April 1995.
- McDonnell, E. and **C. Achterberg**. Development and evaluation of an electronic mail course in nutrition. Society for Nutrition Education Annual Meeting, Abstracts of Presentations, 20:32, Washington, D.C., July 1995.
- Matheson, D. and **C. Achterberg**. Implementing computer nutrition education programs: Cooperative learning strategies. Society for Nutrition Education Annual Meeting, Washington, D.C., July 1995.
- Keenan, D.P, and **C. Achterberg**. Integrating qualitative and quantitative methods to assess dietary change: The Synth protocol. Society for Nutrition Education Annual Meeting. Abstracts of Presentations 20:13, Washington, D.C., July 1995.
- Greenspan, N., D.P. Keenan and **C. Achterberg**. Dietary fat reduction in relation to season. Society for Nutrition Education Annual Meeting, Abstracts of Presentations, 20:43, Washington, D.C., July 1995.
- Getty, V.M., B. Bannan-Haag, J.D. Spotts and **C. Achterberg**. Description of From Land to Landfill: A systems perspective and interdisciplinary curriculum for middle school.

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- Getty, V., J.D. Spotts, B. Bannon-Haag, M. Samouilova and **C. Achterberg**. Description of From Land to Landfill: A Systems Perspective - an interdisciplinary multimedia curriculum for middle school students. Society for Nutrition Education Annual Meeting, Abstracts of Presentations, 20:41, Washington, D.C., July 1995.
- Achterberg, C.** Development of the Parent Child Autotutorial Program (PCAT), American Heart Association Meetings, Anaheim, CA, November 1995.
- Achterberg, C.** and D. Palmer-Keenan. Non-controllable factors that facilitate behavioral dietary fat reduction. Experimental Biology Annual Meeting. #5808:A1002. Atlanta, GA, April 1995.
- AbuSabha, R., H. Wright, W. Harkness, A. von Eye, **C. Achterberg** and G. Jensen. Reproducibility of a food frequency questionnaire: Diet and cognition. 2<sup>nd</sup> International Dietary Assessment Conference, Harvard School of Public Health, January 22-24, 1995.
- AbuSabha, R., D. P. Keenan and **C. Achterberg**. Patterns of dietary change: Behavioral fat reduction strategies. Society for Nutrition Education Annual Meeting, Abstracts of Presentations, 20:43, Washington, D.C., July 1995.
- McCullum, C. and **C. Achterberg**. Food shopping and label use behavior among high school-aged adolescents. Society for Nutrition Education, Abstracts of Presentations, 19:102, 1994.
- Matheson, D. and **C. Achterberg**. An evaluation of a computer nutrition education program. Society for Nutrition Education Abstracts of Presentations, 19:17, 1994.
- Matheson, D. and **C. Achterberg**. A process evaluation of a computer based nutrition education program in middle school students. 2<sup>nd</sup> International Qualitative Health Research Conference, Hershey, PA, #H3.3: 139, June 1994.
- Keenan, D.P. and **C. Achterberg**. Factors that facilitate the adoption of multiple fat reduction strategies. Society for Nutrition Education, Abstracts of Presentations, 19:72, 1994.
- Keenan, D. and **C. Achterberg**. A prototype for retrospective data collection: Providing a framework and interactive exercise for the examination of fat reduction strategies used in free-living population. 2<sup>nd</sup> International Qualitative Health Research Conference, Hershey, PA, #L2.2:194, June 1994.
- AbuSabha, R., H. Wright, W. Harkness, A. von Eye, **C. Achterberg** and G. Jensen. Cognitive complexity, dietary complexity and the reliability of a food frequency questionnaire. *Journal of the American Dietetic Association*, 94(9):A655, 1994.
- Williams, J., G.P. Sylvester and **C. Achterberg**. Target marketing of food products to ethnic minority youth. Conference on Prevention and Treatment of Childhood Obesity. New York Academy of Sciences, Bethesda, MD, March 1993.
- Sylvester, G.P., I. Williams and **C. Achterberg**. Food and nutrition messages in film: A preliminary content analysis. *Annals New York Academy of Sciences*, 699:294-295, 1993.
- Sylvester, G., **C. Achterberg** and J. Williams. Food and nutrition messages in film. Society for Nutrition Education Proceedings, 18:43, 1993.
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- McCullum, C. and **C. Achterberg**. Label use and grocery shopping behavior among young adolescents. Society for Nutrition Education Proceedings, 18:39, 1993.

- Matheson, D., **C. Achterberg** and K. Peck. Ship to Shore: An integrated nutrition education computer program for middle school students. Penn State Conference on Innovations in Education. The Pennsylvania State University, March 20, 1993.
- Matheson, D., **C. Achterberg** and K. Peck. Qualitative evaluation methods to assess the effectiveness of an integrated computer nutrition education program. Society for Nutrition Education Proceedings, 18:9, 1993.
- Treu, J. and **C. Achterberg**. Development of a nutrition education workshop for nutritionists and allied health professionals. Society for Nutrition Education Proceedings, 17:150, 1992.
- Sylvester, G. and **C. Achterberg**. Description of a high school nutrition science curriculum. Society for Nutrition Education Proceedings, 17:188, 1992.
- McDonnell, E. and **C. Achterberg**. An examination of information requests received at a nutrition resource center. Society for Nutrition Education Proceedings, 17:96, 1992.
- McCullum, C., **C. Achterberg** and D. Matheson. A comparison of adult and adolescent performance in focus groups. Society for Nutrition Education Proceedings, 17:14, 1992.
- Matheson, D., C. McCullum and **C. Achterberg**. Focus group evaluations of food guides by adolescents and adults. Society for Nutrition Education Proceedings, 17:15, 1992.
- Maretzki, M., B. van Horn, **C. Achterberg**, D. Matheson and G. Sylvester. Evaluation of dietary guideline bulletins revised for a low literate audience. Society for Nutrition Education Proceedings, 17:87, 1992.
- Chandler, J.T., S. Rosenbaum and **C. Achterberg**. Gender targeting practices used in magazine food advertisements. Society for Nutrition Education Proceedings, 17:104, 1992.
- Campbell, V.S., J. Piper, **C. Achterberg** and J. Treu. Development of an interdisciplinary nutrition education curriculum for 6, 7, and 8<sup>th</sup> grade students. Society for Nutrition Education Proceedings, 17:120, 1992.
- Achterberg, C.** and S. Anger. Development and application of interactive HyperCard computer programs in nutrition education. Society for Nutrition Education Proceedings, 16:53, 1991.
- Pugh, M.A. and **C. Achterberg**. The effects of an interview on women's knowledge about the dietary guidelines. Society for Nutrition Education Proceedings, 15:25, 1990.
- Getty, V. and **C. Achterberg**. A comparison of information sources used by cooperative extension audiences and the general public. Association for the Study of Food and Society, 4<sup>th</sup> Annual Conference, Philadelphia, PA, June 1990.
- Clark, K.L. and **C. Achterberg**. How to use text decomposition to write, analyze, or modify nutrition information. Society for Nutrition Education Proceedings, 15:78, 1990.
- Achterberg, C.** and V.M. Getty. A comparison of nutrition information sources used by cooperative extension audiences and the general public. Society for Nutrition Education Proceedings, 15:58, 1990.
- Achterberg, C.** and V.M. Getty. Interpretation of the U.S. Dietary Guidelines by adult women. Society for Nutrition Education Proceedings, 15:28, 1990.
- Achterberg, C.**, M.A. Pugh, S. Collins, V. Getty and B. Shannon. Feasibility of telephone interviews to collect dietary recall information from children aged 8-10 years. FASEB Meeting, Washington, D.C., April 1990.
- Singleton, J.C., **C. Achterberg**, B. Shannon, G. Greene and J. Smith. The impact of a nutrition education program on health perceptions of children. 22<sup>nd</sup> Annual Meeting, Society for Nutrition Education, Chicago, IL, Abstracts 14(6), 1989.

- Schafer, A.K. and **C. Achterberg**. Evaluation of HG 232-1: Analysis of change in knowledge structure about variety. 22<sup>nd</sup> Annual Meeting, Society for Nutrition Education, Chicago, IL, Abstracts 14(64), 1989.
- Connolly, J., **C. Achterberg**, P. Kris-Etherton and J. Hodgson. Dietary intake, weight changes and health status of collegiate wrestlers. 22<sup>nd</sup> Annual Meeting, Society for Nutrition Education, Chicago, IL, Abstracts 14(53), 1989.
- Bradley, E. and **C. Achterberg**. Stylistic and content features most and least appealing to consumers: Evaluation of dietary guidelines and our diet, a series of print materials. 22<sup>nd</sup> Annual Meeting, Society for Nutrition Education, Chicago, IL, Abstract 14(63), 1989.
- Auld, G.W. and **C. Achterberg**. Adult gender differences in epistemology and knowledge structure about fat and cholesterol. 22<sup>nd</sup> Annual Meeting, Society for Nutrition Education, Chicago, IL, Abstract 14(75), 1989.
- Wicklund, L.J. and **C. Achterberg**. Nutrition for the young athlete: A sports nutrition education program for coaches and parents. Sports and Cardiovascular Nutritionists (SCAN) Practice Group Annual Meeting, Houston, TX, April 1988.
- Marecic, M., R. Bagby and **C. Achterberg**. A comprehensive evaluation of computer nutrient analysis software for adolescents. Society for Nutrition Education Proceedings, 13:73, 1988.
- Knaub, L.J., L.S. Sims, **C. Achterberg** and J.L. Beard. Factors influencing the duration of breast-feeding in a sample of women residing in Central Pennsylvania. North Carolina Dietetic Association Annual Meeting, Charlotte, NC, April 1988.
- Gregoire, J., M. Marecic, B. Shannon, G. Greene and **C. Achterberg**. Development of a parent-child auto-tutorial for children at risk for cardiovascular disease. American Society for Public Health, November 1998.
- Quebedeaux, B., **C. Achterberg** and F.A. Bliss. Horticultural Science, Washington, D.C., April 1987. Published in: *Horticulture and Human Health, Contributions of Fruits and Vegetables*. Englewood Cliffs, NJ: Prentice Hall, pp. 228, 1998.
- Gregoire, J., A Schafer and **C. Achterberg**. How to use concept maps to evaluate nutrition education print materials. Society for Nutrition Education Proceedings, 13:92, 1988.
- Gregoire, J. and **C. Achterberg**. How to conduct a semistructured interview. Society for Nutrition Education Proceedings, 13:69, 1988.
- Greene, G. and **C. Achterberg**. Dietary intake of bulimic and non-bulimic women. American Dietetic Association Annual Meeting, San Francisco, CA, October 1988.
- Updegrove, Natalie and **C. Achterberg**. Concepts of training and food in high school distance runners. Society for Nutrition Education Proceedings, 12:52, 1987.
- Sampson, Deborah A., P.M. Kris-Etherton and **C. Achterberg**. Ability to interpret a computerized dietary analysis among members and staff of a YMCA. Society for Nutrition Education Proceedings, 12:128, 1987.
- Hughes, Audrey and **C. Achterberg**. Young children's concepts about nonalcoholic and alcoholic drinks. 201h Society for Nutrition Education Proceedings, 12:2 1, 1987.
- Gregoire, Janet, Mary Frances Marecic, Barbara Shannon, Geoffrey Greene and **C. Achterberg**. Development of parent-child autotutorial for children at-risk for cardiovascular disease. Society for Nutrition Education Proceedings, 12:72, 1987.
- Crumbaugh, Jeff S. and **C. Achterberg**. Perceptions of parental behavior: Comparison of bulimic and normal weight bulimic women. Society for Nutrition Education

- Proceedings, 12:66, 1987.
- Coyne, Michelle and **C. Achterberg**. The perceived role of food calories in weight control by college-aged gymnasts. Society for Nutrition Education Proceedings, 12:20, 1987.
- Bagby, R., B. Shannon and **C. Achterberg**. Development of a multi-media nutrition education course for educators of elementary school children. American Dietetic Association Meeting. Atlanta, GA, October 1987.
- Achterberg, C.** and Jackie L. Shannon. A comparison of nutrition education materials in two developed countries. Society for Nutrition Education Proceedings, 12:28, 1987.
- Achterberg, C.,** M. Monaco, S. Campbell-Lindzey and Garry Auld. Development of a summer nutrition science institute for high school teachers. Society for Nutrition Education Proceedings, 12:4, 1987.
- Pelican, Suzanne, Star Campbell-Lindzey and **C. Achterberg**. Development, maintenance and operation of a mobile education center. Society for Nutrition Education Proceedings, 11:18, 1986.
- Linton, Barbara, Lynn Norton, Lorri Fishman, Barbara Shannon and **C. Achterberg**. Development of a multi-media nutrition education for elementary school teachers. Society for Nutrition Education Proceedings, 11:125, 1986.
- Gates, Gail, Susan Kennedy and **C. Achterberg**. Peer educators reach college students with nutrition information. Society for Nutrition Education Proceedings, 11:42, 1986.
- Achterberg, C.** Teaching strategies and nutrition care implementation. For workshop: Caring for individuals, not diseases: A comprehensive approach to the nutrition care of persons with diabetes. Continuing Education-The Pennsylvania State University, June 1986.
- Achterberg, C.** Parents' and childrens' concepts about nutrition: A study in shared meaning. American Association for Advancement of Science Annual Meeting. Philadelphia, PA, 1986.
- Achterberg, C,** and Audrey Hughes. A time line comparison between nutrition science, nutrition education and medicine. Society for Nutrition Education Proceedings, 11:85, 1986.
- Achterberg, C.,** Ardyth Gillespie and Christine Olson. Preschoolers' and their parents' conceptualizations of foods that are good for you vs. foods that are not good for you. Society for Nutrition Education Proceedings, 10:10, 1985.
- Achterberg, C.** and Ardyth H. Gillespie. How to teach an understanding of primary research papers. Society for Nutrition Education Proceedings 9:61, 1984.
- Achterberg, C.** and Joseph D. Novak. Theory-driven research as a means to improve nutrition education. Society for Nutrition Education Proceedings, 9:43, 1984.
- Achterberg, C.** Concept mapping as an evaluation tool in nutrition education. Society for Nutrition Education 16<sup>th</sup> Annual Meeting, Denver, CO, July 1983.

## **INVITED LECTURES**

- Achterberg, C.** "The Non-financial Elements of Recruitment Success." The NASULGC Board on Human Sciences, and the Council of Administrators of Family and Consumer Sciences Joint Spring Meeting. Washington, D.C., February 26, 2009.

- Achterberg, C.** “Academic Department Head Leadership: Challenges and Opportunities.” University of Maryland Baltimore County. Baltimore, Maryland, February 24, 2009.
- Achterberg, C.** “Flat World/Fat World: Nutrition Facts and Fantasies.” The Ohio State University Winter College. Naples, Florida, February 21, 2009.
- Sims, L. and **C. Achterberg.** Higher Education and Human Sciences: Our Future Membership Survey Results. Board on Human Sciences, NASULGC Spring Meeting. Washington, D.C., March 8, 2006.
- Achterberg, C.** Future Directions for Internationalizing Honors Education. Proceedings of the Third Schreyer National Conference. The Pennsylvania State University, University Park, PA, 2005.
- Achterberg, C.** Honors Assessment and Evaluation-40th National Collegiate Honors Council Annual Meeting. St. Louis, MO, October 27, 2005.
- Thomas, J. and **C. Achterberg.** College Combination: Lessons Learned from Mergers and Acquisitions. CADRE1 Annual Meeting, Monterey, CA. October 2005.
- Achterberg, C.** Development of Food-based Dietary Guidelines (FBDG): Collection and Use of Data. Workshop on National Food-Based Dietary Guidelines: Experiences, Implications, and Future Directions. Budapest, Hungary. April 28-30, 2004.
- Achterberg, C.** The Role of Service Learning in Reducing Health Disparities. Society for Nutrition Education 37<sup>th</sup> Annual Conference. Salt Lake City, UT, July 18, 2004.
- Achterberg, C.** Development of food-based dietary guidelines (FBDG): Collection and Use of Data. Workshop on National Food-Based Dietary Guidelines: Experiences, Implications, and Future Directions. Budapest, Hungary. April 28-30, 2004.
- Achterberg, C.** “Essential Characteristics of an Honors College.” 38<sup>th</sup> National Collegiate Honors Council Annual Meeting. Chicago, IL, November 6, 2003.
- Achterberg, C.,** G. Bell, K. Bolch, J. Digby and J. Ozment. “Academic Dishonesty and Integrity in Honors.” 38<sup>th</sup> National Collegiate Honors Council Annual Meeting. Chicago, IL, November 6, 2003.
- Wainscott, S., **C. Achterberg,** R. Williams and M. Bouknight. “Funding Common Ground.” 38<sup>th</sup> National Collegiate Honors Council Annual Meeting. Chicago, IL, November 6, 2003.
- Achterberg, C.** “Policy and Leadership for the 21<sup>st</sup> Century.” American Dietetic Association Annual Meeting. San Antonio, TX, October 27, 2003.
- Achterberg, C.** “Characteristics of Honors Students.” DUS Meeting, University Park, PA, September 18, 2003.
- Achterberg, C.** “Leadership in the 21<sup>st</sup> Century.” The Women's Leadership Institute. Penn State Altoona and the American Business Women's Association Horseshoe Curve Charter Chapter, May 22, 2003.
- Wallin, L., **C. Achterberg** and D. Meredith. “Honors Admissions: What Role do Standardized Scores Play?” 37<sup>th</sup> Annual Conference National Collegiate Honors Council, Salt Lake City, UT, October 31, 2002.
- Achterberg, C.** “Leadership Development in Honors Programs/Colleges.” 37<sup>th</sup> Annual Conference, National Collegiate Honors Council, Salt Lake City, UT, November 1, 2002.
- Achterberg, C.** “How to Grow and Develop an Undergraduate Research Program.” NCUR, Whitewater, WI, April 25, 2002.
- Achterberg, C.** “Theory in Nutrition Education, 20 Year Odyssey.” 2001 SNE Annual Conference, Oakland, CA, July 20-24, 2001.

- Achterberg, C.** “The Role of International Education in Large University Honors Programs.” NCHC, Chicago, IL, November 1, 2001
- Achterberg, C.** “Food and Nutrition Messages in the Media and the Impact on Children.” How to Grow a Healthy Child. The Pennsylvania State University, University Park, PA, March 27, 2000.
- Achterberg, C.** “Food and Nutrition Messages in the Media and the Impact on Children.” HRRM's Foodservice Institute 2000, The Pennsylvania State University, University Park, PA, August 1, 2000.
- Achterberg, C.** “An Inside Look at Successful Dietary Change” Nutrition Department Colloquia, The Pennsylvania State University, University Park, PA, January 11, 2000.
- Achterberg, C.** “When Pills Become Food and Food Becomes Pills: Dietary Patterns Among Adults.” University of North Carolina-Greensboro, 1999.
- Achterberg, C.** “Models, Theories, Metatheories and Trans-theoretical Models: Which Should Drive Your Research?” University of North Carolina-Greensboro, 1999.
- Achterberg, C.** “Honors College Issues.” Worlds of Imagination, National Collegiate Honors Council, Orlando, FL, October 29, 1999.
- Achterberg, C.** “Facilitating ‘Facilitative Group Discussions:’ Making it Happen in the Workplace.” University of North Carolina-Greensboro, 1999.
- Parham, E.S. and **C. Achterberg.** “Prove Your Nutrition Education Program Works!” American Dietetic Association 79<sup>th</sup> Annual Meeting. San Antonio, TX, October 23, 1996.
- Achterberg, C.** “Walking the Talk: Caring for Diverse Groups of Individuals.” Society for Nutrition Education Annual Meeting, St. Louis, MO, July 1996.
- Achterberg, C.** “Rainbows and Pyramids.” Food and Nutrition Beyond Borders. American Dietetic Association and The Canadian Dietetic Association Joint Conference. Banff, Alberta, Canada, May 19, 1996.
- Achterberg, C.** “Dietary Change in American Adults: Easy Does It?” University of North Carolina, Chapel Hill, March 18, 1996.
- Achterberg, C.** “Beating Murphy: E-mail and Evaluation.” Teaching and Learning in Cyberspace: Hands-On Application for Dietetics and Nutritional Professionals, The Pennsylvania State University, University Park, PA, November 1996.
- Achterberg, C.** “Applications of Facilitated Group Discussions in Community Nutrition.” Saskatoon, Canada, June 1996.
- Achterberg, C.** “Evaluation: Headaches, Heartaches, and Successes.” Teaching and Learning in Cyberspace: Hands-On application for Dietetics and Nutrition Professionals, The Pennsylvania State University, University Park, PA, June 29, 1996.
- Stuart, T. and **C. Achterberg.** “Nutrition Education and Communication Strategies for Different Groups and Settings.” Food and Agriculture Organization of the United Nations, Expert Consultation Meeting, September 18, 23, 1995.
- Lytle, Leslie L. and **C. Achterberg.** “Nutrition Education for Children: What Works and Why.” National Partnership for Improving America's Diet Conference, Washington, D.C., March 12-13, 1995.
- Achterberg, C.** “Mixing It Up: Satellite Teaching and Hands-On Experience.” International Research Conference in Distance Education. Towards Excellence in Distance Education: A Research Agenda. The Pennsylvania State University, May 20-21, 1995.
- Achterberg, C.** “Changing Paradigms: Putting the Walk in the Talk.” American Dietetic

- Association Annual Meeting, Chicago, IL, November 1, 1995.
- Achterberg, C.** “A model for nutrition education and evaluation.” National Association for State Directors of Nutrition Education and Training (NET) Programs, Annual Meeting, Washington, D.C., April 2, 1995.
- Achterberg, C.** and V. Getty. “Introduction to the International Food and Nutrition (IFAN) Database.” 122<sup>nd</sup> Annual Meeting of the American Public Health Association, Washington, D.C., November 2, 1994.
- Achterberg, C.** “What Makes Nutrition Education Meaningful to Clients?” Partners in Growth, Ensuring Access, Southwest Regional WIC Conference. Little Rock, AR. May 16, 1991
- Achterberg, C.** “What Makes Nutrition Education Meaningful to Clients?” Western Regional WIC Conference, Seattle, WA, September 1994.
- Achterberg, C.** “Mixing it Up: Satellite and Hands-on Experiential Training.” Dietetics Distance Education Institute Planning Session, Penn State Scanticon Conference Center, University Park, PA, November 15, 1994.
- Achterberg, C.** “Information Strategies for the Rural Elderly.” The Rural Elderly: Improving Life Quality Through Nutrition. University Park, PA, October 7, 1994.
- Achterberg, C.** “How Do We Know Our Nutrition Education is Effective? Partners in Growth, Ensuring Access, Southwest Regional WIC Conference, Little Rock, AR, May 16, 1994.
- Achterberg, C.** “How Do We Know Our Nutrition Education is Effective?” Western Regional WIC Conference, Seattle, WA, September 1994.
- Achterberg, C.** “Cancer Prevention and Intervention: Where to Next?” Experimental Biology Meeting, Anaheim, CA, April 1994.
- Achterberg, C.** “What Do We Know About Teaching Good Nutritional Habits? Qualitative Research.” W.O. Atwater Centennial Celebration Symposium, Washington, D.C., June 4, 1993.
- Achterberg, C.** “Update on Nutrition Communication.” Intercountry workshop on Nutrition Education for South and East Asian Countries, Bangkok, Thailand, February 22, 1993.
- Achterberg, C.** “Food and Nutrition Messages in Contemporary Films and Saturday Morning Cartoons.” Hershey Chocolate USA (HCUSA) Marketing staff and Technical Center staff, September 20 and 21, 1993.
- Achterberg, C.** “Children's Perceptions of Nutrition and Health.” International Life Sciences Institute, Annual Meeting, Nassau, Bahamas, January 1993.
- Achterberg, C.** “Children's Perceptions of Diet and Health.” Colloquia, Department of Food Science and Nutrition, University of Florida, Gainesville, FL, February 1993.
- Achterberg, C.** “The Food Guide Pyramid for All Cultures.” Indian Health Service Nutrition and Dietetics Professional Seminar, 28<sup>th</sup> Annual Meeting, Scottsdale, AZ, May 27, 1993.
- Achterberg, C.** “Use of Theory in Nutrition Education.” American Heart Association Subcommittee on Consumer Information, Dallas, TX, February 14, 1992.
- Achterberg, C.** “More than Meets the Eye: How Children Learn about Food and Nutrition and What they Know.” Nutrition and Fitness: How Today's Children Weigh In, International Life Sciences Institute, Special Meeting, Washington, D.C., September 4, 1992.
- Achterberg, C.** “Educating the Elderly.” American Society for Parental and Enteral Nutrition, Hershey, PA, August 21, 1992.
- Achterberg, C.** “Consumer Understanding of Terminology and Use of Format of the Food Label, National Exchange for Food Labeling Education.” Food and Drug Administration, Washington, D.C., September 16, 1992.

- Achterberg, C.** “Dietary Guidelines.” Best Foods’ Food and Nutrition Advisory Council Meeting, CPC International, Engelwood Cliffs, NJ, March 19, 1992.
- Achterberg, C.** “U.S. Dietary Guidelines: A Consumer's Perspective.” Division Seminar, Applied Human Nutrition, University of Guelph, October 1990.
- Achterberg, C.** “Teaching Nutrition Education: Current State of the Art.” 24<sup>th</sup> Annual Meeting, Society for Nutrition Education, Miami, FL, 1991.
- Achterberg, C.** “Qualitative and Quantitative Evaluation of Nutrition Education Programs.” International Workshop on Community Nutrition, World Health Organization, Bilbao, Spain, September 19, 1991.
- Achterberg, C.** “Interpretation of the U.S. Dietary Guidelines Part 11: A Sample of Men.” Human Nutrition Information Service, USDA, Hyattsville, MD, April 15, 1991.
- Achterberg, C.** “Does Age Make a Difference in Consumer Reaction to Nutrition Education Print Materials: A Cognitive Perspective.” Gerontology Center Colloquia, The Pennsylvania State University, April 18, 1991.
- Achterberg, C.** “Consumer Interpretation of the U.S. Dietary Guideline.” Keynote Address, New Zealand Nutrition Society New Zealand Dietetic Association Joint Meeting, Wellington, New Zealand, August 14, 1991.
- Achterberg, C.** “The Hard-to-Reach Audience and Label Use.” Subcommittee on Nutrition Education and Label Use, American Heart Association, Dallas, TX, April 6, 1991.
- Achterberg, C.** “Cognitive Bases of Change Toward Nutrition Education Print Materials.” Cognition Studies Colloquia, The Pennsylvania State University, April 25, 1991.
- Achterberg, C.** “Workshop on Consumer Behavior and Understanding of Food Label Information.” Committee on Nutrition Components of Food Labeling, National Academy of Science, Washington, D.C., March 13, 1990.
- Achterberg, C.** “The Dietary Guidelines from a Consumer Perspective.” University of Missouri, Columbia, April 1990.
- Achterberg, C.** “Evaluating Content of Nutrition Education Messages.” Canadian National Nutrition Education Research Conference. Montreal, Quebec, June 8-9, 1990.
- Achterberg, C.** “A Philosophy for Nutrition Education.” For Food/Ag Nutrition Forum Food Talk: Managing Mixed Messages. Kellogg's Foundation and University of Minnesota, Minneapolis, MN, May 9, 1990.
- Achterberg, C.** “Methods of Theory Analysis.” Graduate Seminar, Applied Human Nutrition, University of Guelph, October 1990.
- Achterberg, C.** “Evaluation of Nutrition and Your Health: Dietary Guidelines for Americans.” Human Nutrition Information Service, USDA, Hyattsville, MD, February 1990.
- Achterberg, C.** “Emerging Theory for Nutrition Education.” Graduate Seminar, Applied Human Nutrition, University of Guelph, October 1990.
- Achterberg, C.** “Nutrition Education Research: A Perspective on the Leading Edge.” Keynote Address. Linking Research to Practice Regional Conference, Las Vegas, NV, April 1989.
- Achterberg, C.** “Evaluation of Home and Garden Bulletins 232 1-7, Dietary Guidelines and Your Diet.” Human Nutrition Information Service Special Seminar, United States Department of Agriculture, Hyattsville, MD, January 1989.
- Achterberg, C.** “Developing a Philosophy for Nutrition Education.” Plenary Address. 22<sup>nd</sup> Annual Meeting, Society for Nutrition Education, Chicago, IL, 1989.
- Achterberg, C.** and H. Guthrie. “The Development and the Implementation of Childhood

- Nutrition Education Programs: Current Status in the U.S.A.” 1<sup>st</sup> International Seminar in Childhood Nutrition Education. Tokyo, Japan, August 23, 1989.
- Achterberg, C.** “The Nutrition Educator's Toolbox.” The Way to More Effective Nutrition Educational Regional Conference, Honolulu, HI, November 1988.
- Achterberg, C.** “Nutrition Education, For the Health of It!” Colorado Association of Home Economics Teacher's Association, Denver, CO, August 1988.
- Achterberg, C.** “Nutrition Education Research: A Perspective on the Leading Edge.” The Way to More Effective Nutrition Education Regional Conference, Keynote Address, Honolulu, HI, November 1988.
- Achterberg, C.** “Nutrition Education Frontiers: Where Do We Go From Here?” Keynote Address. Utah State Dairy Council, “Research on the Leading Edge in Nutrition Education: Research Enhancing Practice,” Salt Lake City, UT, January 1988.
- Achterberg, C.** “Healthy Children: How to Build Fitness in Children.” National Convention of the Parent-Teachers Association, Dallas, TX, June 1987.
- Achterberg, C.** “The Meaning of Food and Nutrition in Families With Young Children.” Special Seminar. Rutgers Medical School, Pediatrics Department, January 1986.
- Achterberg, C.** “A New Perspective on the Care and Education of Cookie Monsters.” Pennsylvania Society of Dentistry for Children, Hershey, PA, June 1986.

## **TEACHING**

### **Undergraduate Teaching**

NUTR 100	Contemporary Nutrition Concerns (I semester-also responsible for supervising all sections in the department for 6 semesters)
NUTR 100H	Contemporary Nutrition Concerns-Honors Section (I semester)
NUTR 296	Independent Studies-Structured Inquiry in Community Nutrition (4 semesters)
NUTR 296H	Honors Independent Studies-Structured Inquiry in Community Nutrition (I semester)
NUTR 496	Independent Studies-Supervised Research Experience in Dietary Assessment, Nutrition Education, Community Intervention (14 semesters)
NUTR 496	Summer Nutrition Science Institute for High School Teachers (3 semesters)
NUTR 496H	Honors Research Experience-Supervised Independent Research Projects in Applied Nutrition (11 semesters)
NUTR 296/360	Introduction to Nutrition Education (12 semesters)
NUTR 360DL	Introduction to Nutrition Education-Distance Version (2 semesters)
NUTR 360	Introduction to Nutrition Education-Honors Section (2 semesters)
NUTR 490W	Senior Seminar-Intensive Writing Course, Capstone Course (I semester)
SOC 497H	Global Issues and World Trends - Honors (3 semesters)
IST 497H	Global Issues and World Trends - Honors (2 semesters)
EDTHP 297H	Leadership Jumpstart (4 semesters)
GEOG 298H	International Experiences in Service Learning (I semester)
IST 497H	Leadership Forum (2 semesters)

## Graduate Teaching

NUTRN 55 1	Seminar in Nutrition Ethics (I semester)
NUTRN551.1	Critical Analysis of Current Literature (4 semesters)
NUTRN 560	Planning and Evaluating Nutrition Programs (2 semesters)
NUTRN 561	Public Health Nutrition and Intervention (2 semesters)
NUTRN 596	Independent Studies-Research Methods in Nutrition Education (I semester)
NUTRN 597A	Preparation for College Teaching (3 semesters)
NUTRN 5971	Critical Readings of the Nutrition Literature (4 semesters)
NUTRN 600	Thesis Research (24 semesters including summer sessions)
NUTRN 601	PhD Dissertation-Full Time (22 semesters)
NUTRN 602	Supervised Teaching Experience (5 semesters)
NUTRN 610	Thesis Research Off-Campus (12 semesters)
NUTRN 611	PhD Dissertation-Part Time (16 semesters)

## Graduate Students Supervised

- Sheila Fleischhacker, 2004. Fruits and Vegetables in an Inner-City Head Start Center, Ph.D.
- Catherine Violette, 2002. Food Acquisition: Novice and Expert Differences in Food Cognitions and Grocery Shopping Planning Schemata, Ph.D.
- Natoiya Hasan, 2001. Facilitated group discussion training and educator perceived client participation in WIC classes: Differences by class size, class topic and ethnicity, M.S.
- Patricia Treanor, 2000. A theory-based, formative evaluation of a nutrition curricular guide for teachers of 3- to 5-year olds, M.S.
- Marilyn Townsend, 2000. The relationships of income and food insecurity with overweight women, Ph.D.
- Katherine Conley, 1999. Formative and process evaluation of an interactive computer nutrition education program: "Hunger", M.S.
- Gina Pazzaglia, 1999. Food in the Movies, Ph.D.
- Denise Clutter Snyder, 1997. Characteristics, issues of food insecurity, and food intake among Hispanic and non-Hispanic women and children participating in WIC in New Mexico, M.S.
- Carla Miller, 1997. Food choice behavior at point of purchase among women with noninsulin dependent diabetes mellitus, Ph.D.
- Jill McCoy, 1994. Men's knowledge of five dietary guideline topics and the concept of personal health, M.S.
- Donna Matheson, 1994. Changes in context and learning: An evaluation of a computer program for middle school students, Ph.D.
- Debra Keenan, 1994. Dietary fat reduction: An analysis of behavior change patterns, Ph.D.

- Christine McCullum, 1994. Food shopping and label use behavior among high school-aged adolescents, M.S.
- Mary Ann Pugh Ozgun, 1993. The effects of a qualitative interview on men's and women's knowledge of the dietary guidelines, M.S.
- Kristine Clark, 1992. Cognitive bases of recall about nutrition print material, Ph.D.
- Josephine Connolly, 1990. Dietary intake, body composition and iron status of collegiate wrestlers, M.S.
- Jeffrey S. Crumbaugh, 1990. Clinical characteristics and perceptions of parental behavior among bulimic and non-bulimic college women, M.S.
- Garry Auld, 1990. Adult gender differences in epistemology and knowledge about fat and cholesterol, Ph.D.
- Eileen Molloy, 1990. Thinking about food: A comparison of food perceptions of bulimic and non-bulimic college women, M.S.
- Susan Sharp, 1989. Parental influence on children's thinking about food, M.S.
- Linda Wicklund, 1989. Application of learning theory in the evaluation of sports nutrition curricula for YMCA volunteer coaches, M.S.
- Ellen Bradley, 1989. Gender differences and mediating effects in nutrition education acceptance, M.S.
- Anna Schafer, 1989. Evaluation of HG232-I, "Eat a Variety of Food," analysis of change in knowledge structure and behavior about eating a variety of foods, M.S.
- Pamela J. Ryan, 1988. The role of nutrition van-go in a nutrition education outreach program, M.S.
- Natalie A. Updegrove, 1988. Concepts of training and eating in high school distance runners, M. S.
- Lynn D. Bennett Norton, 1988. Formative evaluation of "Nutrition in Action": A multimedia nutrition course for elementary school teachers, M.S.
- Jan C. Singleton, 1988. The impact of a nutrition education program on health perceptions of children, Ph.D.
- Beth A. Bence, 1988. A theory-based, formative evaluation of nutrition curricular materials, M.S.
- Michelle Coyne, 1987. The perceptions of nutrition and weight control in college-age gymnasts, M.Ed.
- Lorri G. Fishman, 1987. An evaluation of "Nutrition in Action," a multimedia nutrition education course for 4-H leader training, M.S.
- Audrey Marie Hughes, 1987. Preschool children's concepts about alcoholic drinks, M.S.

### Honors Students

- Benjamin Eisenberg, 2004. Identifying trends in higher education web strategies: A comparative analysis. Information Science and Technology, Thesis Advisor (co-advisor: Fred Loomis).
- Jill Pakulski, 2004. "Mission: Nutrition" and "Total Request Food": Televised Nutrition Journalism for Grades 4-7. Nutrition, Thesis Advisor.

- Ameca Shang, 1998. Eating disorders among Asian-Americans. Thesis Advisor.
- Christine McCullum, 1991. Adolescent grocery shopping behavior. Nutrition, Thesis Advisor.
- Jacqueline Shannon, 1987. Diabetes Education: A comparative analysis of Germany and the U.S. Nutrition, Thesis Advisor.

## SERVICE

### International

- Workshop Leader: **Achterberg, C.** “Changing Food Behaviors: Does Easy Does It, Do It?” Saskatoon, Canada, three-hour workshop, (June 1996)
- Expert Panel Member and Paper Author, Guidelines for Developing Food-Based Dietary Guidelines, Joint World Health Organization and Food and Agriculture Meeting, Cyprus, (March 2-8, 1995)
- Reviewer, Grants Program New Zealand Dairy Advisory Board, (April 1995)
- Expert Adviser, “Consumer Attitudes to Food, Nutrition, and Health.” A Pan-EU Survey Planning Meeting, The Institute of European Food Studies, (July 1995)
- Expert Panel Member, Nutrition Education and Community Intervention, Food and Agriculture Organization of the United Nations, Rome, Italy, (1994-1995)
- Workshop Leader: "Intercountry workshop on Nutrition Education for South and East Asian Countries." Bangkok, Thailand, four-day workshop, (February 1993)
- Workshop Leader: “Designing Effective Print Materials for Nutrition Education.” Repeated in Wellington; Auckland; Christchurch; and Dunedin, New Zealand, New Zealand Dairy Board, six-hour workshop, (August 1991)
- Conference Rapporteur: “Effective Communication for Behavior Change.” International Nutrition Planners Forum (INPF) and UNESCO, Paris, France, (September 1991)
- Workshop Leader: “Qualitative Research Methods: Applications in Community Nutrition,” six-hour workshop. Ontario Society of Public Health Nutritionists, Toronto, Canada, (October 30, 1990)
- “A Model Program for Heart Healthy Eating: Working With Young Children and Their Families.” Research Rounds. Teaching Health Unit, Hamilton Wentworth Public Health Department and McMaster University, (October 31, 1990)
- Workshop Leader: “Exploring Research Methods: The Use of Focus Groups in Needs Assessment and Evaluation.” Seven-hour workshop. Dietetic Research Day. University Hospital and the University of British Columbia, Vancouver, Canada, (December 1, 1990)

### National

- National Collegiate Honors Council-Committee on Honors Colleges (Ad-Hoc Committee 2003-04); Committee for Large University Programs (2002-2005); Finance Committee (2004-2006)

- Invited Instructor, “An Intensive Course in Nutrition Education Theory and Intervention.” Inter-Tribal Alliance, Santa Fe, NM (May 2000)
- Conference Moderator and Discussion Leader: “Nutritional Implications of Macro nutrient Substitutes.” New York Academy of Sciences and International Life Sciences Institute, Washington, D.C. (October 27-29, 1996)
- Invited Participant and Planner, National Partnership to Improve the American Diet-Center for Disease Control (1994-1995)
- Invited Participant, National Forum on Meeting the Challenge: Health, Safety, and Food for America, Executive Office of the President, Office of Science and Technology Policy, National Academy of Sciences, Washington, D.C. (November 21-22, 1994)
- Panelist, Strategies to Overcome Under Consumption of Field Rations, Committee on Military Nutrition Research, Food and Nutrition Board, National Academy of Sciences (November 1993)
- Member, National Center for Nutrition and Dietetic Strategic Advisory Team, American Dietetic Association (1993-1995)
- Board Member, Society of Nutrition Education (1992-1995)
- Invited Workshop Participant, Committee on Nutrition Components of Food Labeling, Institute of Medicine, National Academy of Science (1990)
- Consumer Nutrition Education Subcommittee, (1990-1993) and National School site Task Force and Nutrition Working Group (1986-1989), American Heart Association, Dallas, TX.
- General Foods Fellowship External Jury Member, Society for Nutrition Education representative, American Dietetic Association Foundation, Chicago, IL (1987-1989)
- Nutrition Education Research Advisory Council, Dairy Council, Chicago, IL (1987-1989)
- National School site Task Force and Nutrition Exercise Working Group, American Heart Association, Dallas, TX (1986-1989)

#### State-Ohio

- Member, ACE Ohio Women's Network (2008-present)
- Women in Philanthropy

#### State-Pennsylvania

- Panel Member, Women In Business, State College, Local Women Leaders Discussion- Panel, October 2001.
- Workshop: **Achterberg, C.**, V. Getty and C. Probart. “State-of-the-Art Nutrition Education Strategies.” Pennsylvania Association of Family and Consumer Sciences.
- Annual Meeting. University Park, PA. April 18, 1996 (three-hour teacher training workshop).

- Presentation: **Achterberg, C.** “Infotainment: Nutrition Education for the Consumer.” Southern Alleghenies Dietetic Association, Johnstown, PA, November 4, 1994.
- State Volunteer, American Heart Association, 1993-94.
- Presentation and Workshop: **Achterberg, C.** “Nutrition and Heart Disease.” American Heart Association, Annual Assembly, Pennsylvania Affiliate, Nittany Lion Inn, State College, PA, September 18, 1993.
- Presentation: **Achterberg, C.** “From Yum to Yuck or Why You Like the Foods You Like.” State College Women's Club, State College, PA, March 1988.
- Presentation: **Achterberg, C.** “Dieting to Disaster-Adolescent Eating Disorders.” Pennsylvania Home Economics Association Annual Meeting, Reading, PA, April 1988.
- Presentation: **Achterberg, C.** “Children's Thought for Food: The Yum-Yuck Dichotomy From a Cognitive Perspective.” Annual Omicron Alumni Research Meeting, Central Pennsylvania Chapter, 1986.

The Ohio State University  
University-wide

- Member, Committee for the Development of the University’s e-Learning Strategy (2008-present)
- Member, Advisory Board Comprehensive Cancer Center (2008-present)
- Member, Council of Deans (2008-present)
- Member, Council of Life Sciences Deans (2008-present)
- Member, Council of Professional Deans (2008-present)
- Member, METRO School Partnership Group (2008-present)
- Member, University Senate (2008-present)
- Member, University Teacher Education Council (2008-present)

College of Education and Human Ecology

- Chair, Administrative Team (2008-present)
- Chair, EHE College Council Advisory Committee (2008-present)
- Ex Officio, EHE College Council (2008-present)
- Member, Ohio Resource Center Executive Committee (2008-present)
- Member, Reading Recovery Council of North America Board (2008-present)
- Member, Reading Recovery and Early Literacy, Inc. (2008-present)

Iowa State University  
University-wide (small sampling)

- Member, Diversity Program Planning and Coordination Advisory Committee (2006-2008)

- Member, Provost's Search Committee (2005)
- Member, Council of Deans (2005-2008)
- Member, Provost's Advisory Committee (2005-2008)
- Member Commencement Committee-Custom Regalia subcommittee (2006-07)
- Member, Football Uniform and Logo Design Committee (2007)
- Honorary Chair, Relay for Life, ISU Chapter (2008)

## Penn State

### University-Wide

- Member, Encampment Planning Committee (2002)
- Member, Higher Education and Civil Society panel, Martin Luther King Day of Service (2001)
- Invited speaker, The Penn State Leader (2001,2002)
- Member, Colloquy VI Planning Committee (2000)
- AD-14 Review, Vice Provost and Dean of Undergraduate Education (2000)
- Planning Council for the Schreyer Institute for Innovation in Learning (2000)
- Standing Joint Committee on Tenure (1999-2001)
- Member, Steering Committee of the Teaching Learning Consortium (1999-2002)
- Member, Joint Committee on Academic Integrity (1999-2001)
- Member, Advisory Council, School of Information Sciences and Technology (1999)
- Member, Colloquy V Planning Committee (1999)
- Administrative Fellows Steering Committee (1998-2000)
- Member, Dean's Oversight Committee, School of Information Sciences and Technology (1998-99)
- Chair, Provost's Committee to Review Academic Dishonesty (1998-1999)
- Member, Dean's Search Committee, School of Information Sciences and Technology (1998-99)
- Member, Dean's Search Committee, College of Health and Human Development (1998-99)
- Member, Central Enrollment Management Group (1998-2005)
- Member, Kellogg Leadership Learning Community (1998-2005)
- Member, Task Force for Research Administration and Technology Transfer, Office of the Vice-President for Research (1997)
- Member, Focus Group, Developing Performance Measures for the Goals of the University-wide Strategic Plan (1997)
- Member, Council of Academic Deans (1997-2005)
- Member, Special Presidential Committee on General Education Requirements (1996-1998)
- Member, State Health Center Initiative Working Group (to develop a partnership with the State Department of Public Health and PSU (1996-1997)
- Member, Advisory Board, Office for Minority Graduate Opportunities, PSU (1996-1997)

- Member, Alcohol Task Force, Intra-Fraternity Council, Penn State University (1996-1997)
- Member, University Planning Council, Penn State University (1996-1997)
- Member, Central Enrollment Management Group, Penn State University (1996-1997)
- Member, Council on Continuous Quality Improvement, Penn State University (1996-1997)
- Member, Health and Human Development Degree Committee, Penn State University (1996-1997)
- Member, World Campus Study Team, Penn State University (1996-1997)
- Member, Search Committee, Associate Dean and Director, Cooperative Extension Service, Penn State University (1996-1997)
- Member, College Caucus-elected office (1995-1999)
- Member, University Search Committee, Vice Provost (1995)
- Member, Gerontology Center Advisory Committee, Graduate School (1995-1996)
- Member, University Senate (1995-1998; 1999-2005)
- Member, Undergraduate Education Senate Committee (1995-1996; 1999-2005)
- Member, Student Petitions Senate Subcommittee (1995-1996)
- Chair, CIC Student Exchanges Ad Hoc Subcommittee (1995-1996)
- Member, University Search Committee, Minority Faculty Mentor (1995-1996)
- Member, Planning Committee, Colloquium on Distance Education, Vice President Ryan's Office (1994)
- Member, Human Nutrition Issues Committee, College of Agriculture (1993-96)

#### Intercollegiate Graduate Program in Nutrition

- Chair, Curricular Affairs Committee (1994-1995)
- Member, Curricular Affairs Committee (1993-1994)
- Member, Curricular Affairs Committee (1993-1994)
- Member, Curriculum and Awards Committee, (1987-1988: 1988-1989)
- Member, Candidacy Examination Committee, (1987-1988)

#### College of Health and Human Development

- Program Planner, Hispanic Heritage Month (1996)
- Member, College Caucus-elected office ( 1995-1999)
- Member, College Faculty Council-elected office (1995-1997)
- Member, College Promotion and Tenure Committee (1992-1993)
- Member, Natural Science Consultative Committee for University Senate (1991-1992)
- Member, College Minority Retention Committee (1988-1989)

#### Departmental

- Member, Distance Continuing Education Committee (1994-1995: 1995-1996)

- Chair, Nutrition Education Interest Group (1994-1996)
- Chair, Search Committee, Assistant Professor Applied Nutrition (1994-1995)
- Member, Promotion and Tenure Committee-elected office (1993-1994: 1994-1995)
- Member, Search Committee, Assistant Professor of Clinical Nutrition (1993-1994)
- Member, Search Committee for Helen A. Guthrie Endowed Chair, (1993-1994)
- Chair, Search Committee, Assistant Professor of Nutrition Education (1992-1993)
- Director, Penn State Nutrition Center, (1991-1996)
- Member, Search Committee, Department Head (1988-1989)
- Co-Director, Penn State Nutrition Center, (1985-1991)

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