

## Careers for Human Nutrition Majors (Community Health or Industry Options)

Below is a list of some actual career paths of people with a degree in Human Nutrition.

### Examples of student jobs and internships include:

**Abbott** - Global Competitive Intelligence Intern

**Catering 1870** - Banquet Server, Student Mgr

**Children's Hunger Alliance/Americorps** -

Nutrition & Healthy Lifestyle Educator

**Council for Older Adults** - Nutrition Intern

**Designs for Health** - Research and Dev Intern

**General Nutrition Center** - Sales Associate

**Grant Med Center** - Patient Nutrition Advocate

**Health Food Center** - Sales

**Jeni's Splendid Ice Creams** - Production Asst

**Local Matters** - Culinary and Nutrition

Instructor

**Mayfair Village** – Dietary Aide

**Nationwide Children's Hospital** – Research Asst

**Nestlé Purina North America** - Sales Intern

**OSU** – Consumer Food Sensory Analyst,

Fund-Raising Specialist, Student Research Asst

**OSU Rec Sports** – Facility Manager, IM Official,

IM Supervisor, Group Fitness Instructor,

Member Services

**OSU Child Care** - Teacher's Aide

**Proctor & Gamble** – Fitness Center Intern

**Tesemae's All Natural** - Nutrition Intern, Sales

Specialist

**The Outdoor Source** - Sales Associate

**Uplift Fitness** – Personal Trainer

**Wesley Glen** – Supervisor, Dietary Aide

**Wexner Medical Center** - Nutrition Aide, Rehab

Assistant, Research Assistant

**Whole Foods** – Cashier, Intern

**YMCA** – Lifeguard

### Examples of employment within one year:

**Abbott** - Commercial Services, Consumer

Relations, Product Specialist, Research Analyst

**Alere, Inc.** - Patient Services Assistant

**Asian Human Svc** - WIC Family Health Educator

**Cardinal Health** – Retail Marketing Contractor,

Pharmaceutical Sales Representative

**Children's Hunger Alliance/Americorps** –

Health Educator

**Corporate Fitness Works** – Health Fitness

Specialist

**Feeding America** - Child Hunger Corps Member

**Fitworks Fitness Center** - Personal Trainer

**Health Solutions** – Health Screening Technician

**Home Market Foods** - Junior Regulatory

Technologist

**Jenny Craig** - Weight Loss Consultant

**King Soopers** - Grocery Nutrition Specialist

**Local Matters** – Nutrition Instructor

**Nationwide Children's Hospital** – Dietary Aide,

Human Milk Technician

**National Church Residences** – Utility Aide

**Severance Foods, Inc.** - QA/QC Technician

**Venus Fitness for Her** - Kids Fitness

Coordinator/Female Fitness Professional

**Wexner Medical Center at OSU** - Nutrition Aide

**Whole Foods** – Frozen Foods Buyer

### Professional positions after three to five years with Bachelor's degree include:

**Be Well Solutions** – Director of Sales & Mkt

**ConvaTec** – Surgical Territory Manager

**Health Fitness Corp** – Health Fitness Specialist

**Michigan State U-** Nutrition Program Instructor

**Recovery Resources** – Health Educ Specialist

**ResCare** – Administrative Assistant

**The Rite Bite** - Health Management Coordinator

**Professions other than nutrition include:**

Advertising Account Manager  
Automotive Business Development  
Catering Sales  
Chiropractic Assistant  
Credit Union - Business Dev Officer  
Human Resources Assistant, Recruiter  
Insurance Sales  
Logistics Account Representative

Marketing Representative  
Medical Device Sales  
Preschool Teacher  
Research Analyst  
Sales Account Executive  
University Alumni Relations, Fiscal Associate,  
Fundraiser, Student Life Staff  
Youth Fitness Instructor

Information about pay, job outlook, and work environment for any of the following professional areas may be found at <http://www.bls.gov/ooh/> or by clicking on the related hyperlink.

[Food Service Manager](#)

[Health Educator](#)

[Health Services Manager](#)

[Nutritionist](#)

[Sales Management](#)

[Social Services Manager](#)

The Human Nutrition degree develops skills that transfer to other professions as well. Some include:

[Administrative Services Manager](#)

[Fitness Trainer, Instructor](#)

[Human Resources](#)

[Recreation Worker](#)

[Retail Store Manager](#)

[University Student Services](#)

**Possible activities to enhance your hiring potential**

Build a LinkedIn profile to 100%  
Conduct research with a faculty mentor  
Join a professional association  
Lead a related student organization  
Master computer application skills  
Minor in business, food safety, global public health  
Plan a successful event for a campus organization  
Read career periodicals for trends and legislative issues  
Work at a medical facility, health non-profit, fitness center  
[Volunteer!](#)

Visit the Related Links <http://ehe.osu.edu/career-services/resources/related-links/> page of the College of Education and Human Ecology Career Services web page for more information regarding nutrition, general career resources, and volunteer opportunities.