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EDUCATION

1980 Ph.D., Cornell University
Major: Consumer Economics and Housing
Minors: Demography and City and Regional Planning

1973 M.S., Oklahoma State University
1968 B.S., Oklahoma State University

PROFESSIONAL EXPERIENCE

1991 to present Associate Professor
Consumer Sciences Department
The Ohio State University

1985 to 1991 Assistant Professor
The Ohio State University

1980 to 1985 Assistant Professor
Florida State University

PUBLICATIONS

Refereed Articles

Mammen, S., Lass, D., & Seiling, S. B. (2009). Labor Force Supply Decisions of Rural Low-Income Mothers. *Journal of Family and Economic Issues* 30, pp. 67-79.

Katras, M. J., Dolan, E. M., Seiling, S. B., & Braun, B. (2009) The bumpy road off TANF. *Family Science Review*, 14 (1): 1-15.
http://familyscienceassociation.org/archived%20journal%20articles/FSR_vol14_2008/1Mary%20Jo_Katras.pdf

Dolan, E., Braun, B., Katras, M. J., & Seiling, S. (2008). Getting off TANF: Experiences of rural mothers. *Families in Society*, 89 (3): 456-465.

O'Neill, B., Schuchardt, J., Pankow, D. Porter, N., Seiling, S., Branch, J. & Miller, J. (2007). eXtension: A high tech resource for improving financial security. *Journal of the National Association of Family and Consumer Sciences*, 13-18.

Reschke, K., L., Manoogian, M. M., Richards, L. N., Walker, S. K. & Seiling, S. B. (2006) Grandmothers as Child Care Providers for Rural, Low-income Mothers: A Unique Child Care Choice. *Journal of Children and Poverty*, 12 (2): 159-174.

Seiling, S. B. & Shockey, S. S. (2006). Financial education and stage of change behavior: Evidence from an IDA program. *Journal of Consumer Education*, 23: 27-36.

Seiling, S. B. (2006). Changes in the lives of rural low-income mothers: Do resources play a role in stress? *Journal of Human Behavior in the Social Environment*, 13 (1): 19-42.

Kim, E-J., Seiling, S., Stafford, K., & Richards, L. (2005). Rural low-income women's employment and mental health. *Journal of Rural Community Psychology*, E8 (2).

Olson, C. M., Anderson, K., Kiss, E., Lawrence, F.C., Seiling, S.B. (2004). Factors protecting against and contributing to food insecurity among rural families: a mixed-methods analysis. *Family Economics and Nutrition Review*, 16, (1) 12-20.

Shockey, S. & Seiling, S. (2004). Moving into action: Application of the transtheoretical model of behavior change to financial education. *Financial Counseling and Planning*, 15 (1), 41-52.

Kim, E-J, Geistfeld, L.V., & Seiling, S.B. (2003). Factors affecting health care decisions of rural poor women. *Asian Women*, 16, 73-85.

Varcoe, K.P., Lees, N.B., Lopez, M.L., Seiling, S.B., Lawrence, F. C. & Knight, S.E. (2003). The earned income tax credit and rural families. In J. L. Cunningham (Ed.) *Family Relations & Human Development/Family Economics & Resource Management Biennial*. The Journal of the FRHD and FERM Division of the American Association of the Family and Consumer Sciences, 5, 144-153.

NCFR Report

Dolan, E.M., Bauer, J.W., Knight, S.E., Seiling, S., Lawrence, F.C., & Mammen, S. (2003, March) Rural low-income families face employment obstacles. *NCFR Report*, 48 (1), F7-F8.

Dolan, E.M., Seiling, S., Braun, B, & Katras, M.J. (2002, September). Rural Families Speak: The Challenge of Employment. *NCFR Report*, 47 (3), F4-F5.

Katras, M.J., Dolan, E.M., Braun, B., & Seiling, S. (2002, September). Rural Families Speak: Making Ends Meet after Welfare Reform. *NCFR Report*, 47 (3), F3-F4.

Braun, B., Varcoe, K., Lees, N, Seiling, S. B., Mammen, S., Lawrence, F. C. & Prochaska-Cue, K. (2001). The faces of rural families four years after welfare reform. In S. Hanna (Ed.) *Family Relations & Human Development/Family Economics & Resource Management Biennial*. The Journal of the FRHD and FERM Division of the American Association of the Family and Consumer Sciences, 4, 144-153.

Beamish, J. O., Ahn, M., & Seiling, S. (2001). Housing, equipment, and design research and scholarship: A family and consumer sciences perspective. *Family and Consumer Sciences Research Journal*, 30, 2, 240-255.

Krauskopf, J.M. and Seiling, S.L. (1996) "A pilot study of marital power as an influence in division of pension benefits at divorce of long term marriages." *University of Missouri Journal of Dispute Resolution*, V 1996, No 2, pp. 169-189.

Duncan, K., Jackson, G. and Seiling, S. (1993). Disposition of the family home at divorce: An Ohio study. *Housing and Society*.

Reiboldt, W. and Seiling, S. (1993). Factors related to men's award of custody. *Family Advocate*, V 15, No 3, pp. 42-44.

Seiling, S.B and Harris, H. (1991). Child support awards: Links with alimony and in-kind support. *Journal of Divorce and Remarriage*, V 16, No 1 & 2, pp. 121-137.

Burgess, S., Jackson, G. and Stafford, K. (1990). Influence of procedural choices on divorce outcomes. *Home Economics Research Journal*, V 18, No. 3, pp. 211-222.

Seiling, S.B. and Jackson, G. (1990). Children of divorce: financial planning issues for custodial parents. *Financial Counseling and Planning*, V. 1, No. 1, pp. 113-132.

Seiling, S.B., Jackson, G. and Stafford, K. (1990). Child support guidelines: what effect on women and children? *Family Perspective*, V. 24, No. 4, pp. 357-371.

Stafford, K., Jackson, G. and Seiling, S. (1990). the effects of child support guidelines: An analysis of the evidence in court records. *Lifestyles: Family and Economic Issues*, V. 11, No. 4. pp. 361-381.

Burgess, S.L. (1983). Home economics and the third wave. *Journal of Home Economics*, V. 75, No. 3, pp. 10-13, 59-60.

Burgess, S.L. (1982). Determinants of homeownership: A comparison of single female headed households and their male counterparts. *Housing and Society*, V. 9, No. 2, pp. 87-94.

Burgess, S.L. (1980). Female heads of household: Their prospects for homeownership. *Journal of Home Economics*, V. 72, No. 4, pp. 21-24.

Proceedings

Dolan, E., Seiling, S. & Harris, S. (2009). Work constraints of rural, low income mothers and their partners. *Consumer Interests Annual*, 55, pp. 83-85.

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Mammen, S., Dolan, E.M., & Seiling, S. (2009, June). Poverty spells and rural families: Who gets on, who gets off the welfare rolls. In Schröder (Ed.) *Consumer09: Proceedings of the 4th International Consumer Sciences Research Conference*, Edinburgh, Scotland, pp. 108-112.

Mammen, S. & Seiling, S. (2009). Policies that support the employment decision of low-income rural mothers. *Consumer Interests Annual*, 55, pp. 86-87.

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Seiling, S. B., Stafford, K., McCabe, S., & Reschke, K. (2006). Social support as a means to well-being for rural low-income mothers. *Proceedings of the Eastern Family Economics and Resource Management Association Conference*, February 23-25, Knoxville, TN, 88-100.

Dolan, E. M., Seiling, S. B., & Glesner, T. (2006). Making it work: Rural low-income women in service jobs. *Proceedings of the Eastern Family Economics and Resource Management Association Conference*, February 23-25, Knoxville, TN, 38-46.

Dolan, E. M., Mammen, S. Bauer, J. & Seiling, S. (2005). Stability of employment of rural low-income mothers and their access to employer benefits. *Consumer Interests Annual*. 51, p. 221-224.

Available at http://www.consumerinterests.org/files/public/Seiling_StabilityofEmploymentofRuralLow-IncomeMothersandTheir.pdf

Seo, Stafford, & Seiling, (2005). Mothers' share of child care in rural low-income families. *Consumer Interests Annual*, 51, p. 107-120. Available at

http://www.consumerinterests.org/files/public/Seiling_Mothers'ShareofChildCareinRuralLow-IncomeFamilies.pdf

Seiling, S. B. (2005). Health Care Use, Insurance Coverage, and Employment of Low-Income Rural Families. *Consumer Interests Annual*. 51, p. 215. Available at

http://www.consumerinterests.org/files/public/Seiling_Intro_HealthCareUseInsuranceCoverageandEmployment.pdf

Seiling, S. B., Varcoe, K., DeVitto, Z., & Kim, E-J. (2005). Ethnic differences in predictors of health care use among low-income, rural women. *Consumer Interests Annual*, 51, p. 216-220. Available at

http://www.consumerinterests.org/files/public/Seilings_EthnicDifferencesinPredictorsofHealthCareUseAmong.pdf

Lawrence, F., Mammen, S., Kiss, E., Seiling, S., & Varcoe, K. (2004). Use of the Earned Income Credit by rural working families. *Proceedings of the Association for Financial Counseling and Planning Education*, 51-52.

Kim, E-J., Seiling, S. B., & Varcoe, K. (2004). Rural poor women's medical service use: Does race make a difference? *Proceedings of the Eastern Family Economics and Resource Management Association*, February 26-28, 2004. Tampa, FL., pp. 59-70.

Bauer, J. W., Imig, D. R., Dyk, P. H., & Seiling, S. B. (2003) The well-being of rural low-income families in the context of welfare reform. In *Proceedings of Spatial Inequality: Continuity and Change in Territorial Stratification. A joint meeting with the Rural Sociological Society, American Agricultural Economics Society and the Canadian Agricultural Economics Society*. July 27-30, 2003. Montreal, Quebec. Available at <http://www.ruralsociology.org/annual-meeting/2003/Bauer.etal.pdf>

Kim, E., Geistfeld, L. V., & Seiling, S. B. (2003). The disenfranchised poor: Rural low-income women's health care decisions. *Consumer Interests Annual*, 49 Available at: http://consumerinterests.org/public/articles/DisenfranchisedPoor_03.pdf

Dolan, E.M., Bosch, K., Braun, B., Kelly, B., Kiss, E., Knight, S.E., Lawrence, F.C., Mammen, S., Prochaska-Cue, K., Seiling, S. (2002). Conceptualizing the interface between family and labor force participation for rural limited resource families. In P. Bonner (Ed.), *Consumer Interests Annual*, 48. Available at http://www.consumerinterests.org/public/articles/LaborForce_U2.pdf

Seiling, S, Bauer, J.W., and P.H. Dyk. (2001). With a little support from our friends: The role of family and community support in financial well-being of rural low-income families. In H.E. Spotts, H. L. Meadow, & S. Grzeskowiak (Eds.), *How to measure the quality of life in diverse populations: Proceedings of the Fourth Conference of the International Society of Quality of Life Studies V. 4*, p. 43, Washington, D.C.

Seiling, S.B., Bauer, J.W, Braun, B., Dolan, E., and Lawrence, F.C. (2001). Revisiting the welfare to well-being framework for research, education and outreach. In R. Avery (Ed.), *Consumer Interests Annual*, 47. April 6, 2001. (online at www.consumerinterests.org).

Seiling, S., Dolan, E., Mammen, Zhao, J., Meade, M., Knight, S. and Dyk, P. (2001). How do they manage: Financial management priorities and strategies for low-income mothers. In J. Kim (Ed.), *Eastern Family Economics - Resource Management Association Proceedings*, Lexington, KY, pp. 1-2.

Cox, K.J., Cropper, R., Seiling, S, Lindner, J. and Holsted, B. (2000). Developing youth entrepreneurial abilities: applications in Appalachia. *Conference Proceedings of the 52nd Annual National Association of Extension 4-H Agents*, November 5-9, 2000, Denver, Colorado. p 19.

Seiling, S. (1995) Organizing and interpreting new knowledge for use by professional practitioners in the field. *Family Economics and Resource Management Biennial*, V. 1, p. 13-14.

Reiboldt, W.L. and Seiling, S.B. (1993). Child custody and divorce settlements. In T. Mauldin (Ed.), *Proceedings of the 35th Annual Conference of the American Council on Consumer Interests* (256-257). Lexington, KY: American Council on Consumer Interests.

Reiboldt, W., Jackson, G. and Seiling, S. (1992). Child support awards: Do ages and number of children make a difference? *Proceedings of the 21st Annual Southeastern Regional Family Economics/Home Management Conference* (pp. 58-65). Columbus, OH: Southeastern Regional Family Economics/Home Management Association.

Rettig, K., Yellowthunder, L., Seiling, S., Stafford, K., and Jackson, G. (1991). The role of research in policy analysis. *Proceedings of the Family Economics-Home Management Section of the American Home Economics Association 82nd Annual Conference* (p. 144-146). Minneapolis: American Home Economics Association.

Duncan, K. Seiling, S. and Jackson, G. (1991). Disposition of the family home and the economic status of divorced women: An Ohio study. *Proceedings of the 20th Annual Southeastern Regional Family Economics/Home Management Conference* (pp. 163-173). Auburn, AL: Southeastern Regional Family Economics/Home Management Association.

Jackson, G., Seiling, S.B. and Stafford, K. (1989). Multiple awards at divorce: The influence of

decisions by individuals and courts. *Research Abstracts of the 80th American Home Economics Association Annual Meeting*.

Seiling, S., Jackson, G. and Stafford, K. (1989). Urban/rural differences in receipt of alimony. In D.E. Wendell (Ed.), *Proceedings of the 18th Annual Southeastern Regional Family Economics/Home Management Conference* (pp. 138-150). Lexington, KY: Southeastern Regional Family Economics/Home Management Association.

Stafford, K., Jackson, G. and Seiling, S. (1989). How have child support guidelines affected awards? An analysis of the evidence. In M.E. Carsky (Ed.), *Proceedings of the 35th Annual Conference of the American Council on Consumer Interests* (239-243). Baltimore: American Council on Consumer Interests.

Stafford, K., Jackson, G. and Burgess, S. (1987). Financial Security of Divorced Women: Assets Versus Income. In V.L. Hampton (Ed.), *Proceedings of the 33rd Annual Conference of the American Council on Consumer Interest* (137-142). Denver: American Council on Consumer Interests.

Other Publications

Mammen, Sheila, Dan Lass, and Sharon B. Seiling. [Labor Supply Decisions of Rural Low-Income Mothers](#). University of Massachusetts, Amherst, MA. November 2007, Working Paper 2007-12.

Seiling, S. B. (2006). Social support among rural low-income mothers: Evidence from the Rural Families Speak Project. Available at: http://fsos.che.umn.edu/img/assets/16501/April_SocialSupport_ResearchBrief.pdf

PRESENTATIONS

International

Seiling, S. (2008) The role of extended family in the well-being of rural low-income mothers. Paper presented at The Groves Conference on the Family, Galway, Ireland, June 3, 2008.

Seiling, S., Mammen, S., & Dolan, E. (2007). Moving towards transnational research on the role of extended families in the well-being of mothers and children. Workshop presented at the *Extended and Extending Families Conference at the University of Edinburgh*, June 28, 2007.

Seiling, S., Manoogian, M., Richards, L., & Bird, C. (2007, June). Relationships and Resource Sharing: Adult Daughters and their Mothers in Rural, Low-income Families. Paper presented at the *Extended and Extending Families Conference at the University of Edinburgh*, June 27-29, 2007.

Seiling, S. B., Stafford, K., & Dolan, E. M. (2006). Multiple dimensions of well-being for the rural poor. Paper presented at *2006 IAREP-SABE Conference*, Paris, France, July 5, 2006.

Mammen, S., Lass, D., & Seiling, S. (2006). To work or not to work: how rural low-income mothers make employment decisions. Poster presented at *2006 IAREP-SABE Conference*, Paris, France, July 7, 2006.

Seiling, S. B., Dolan, E. M., and Glesner, T. (2005). Rural Low-Income Women Who Work in Service Jobs Tell about Their Lives. Paper presented at the 4th Gender, Work and Organization Biennial Conference on June 24, 2005 at Keele University, Staffordshire, UK.

Abdul-Rahman, F. & Seiling, S. (2005). Life Skill as Household's Human Capital for Women Living in Rural Areas. Paper presented at the International Social Science Conference in Honolulu, HI, June 14, 2005.

Mammen, S. & Seiling, S. (2004). Employment and quality of life of rural single mothers. Poster presented at the International Quality of Life Society conference in Washington, DC, November 9, 2004.

Seiling, S. & Kathy Reschke, K. (2004). Balancing work and family takes on new meaning when mothers rely on extended families for support. Paper presented at the Work-life Balance Across the Lifecourse conference at the University of Edinburgh, Edinburgh, Scotland, July 1, 2004.

Seo, J., Stafford, K., Seiling, S., Reschke, K., & Walker, S. (2004). The effects of child care use on maternal child care time in rural-low income families. Paper presented at the International Social Science Conference in Honolulu, HI, June 28, 2004.

Bowling, C., Seiling, S., Grunkemeyer, W., and Stafford, K. (2001). The Inter-animation of Families and Communities: Discovering Ways Families and Communities Use Their Strengths to Co-create Sustainability. Presented at the International Family Strengths Conference, University of New South Wales, Australia, August 19, 2001.

National

Goebel, K., Seiling, S., Vincenti, V. & Rettig, K. (2009). Family economics. Panel presentation at the Groves Conference on the Family in Chapel Hill, NC on June 9, 2009.

Mammen, S., Seiling, S. B. & Lass, D. Low-income rural mothers: Public policies that assist their employment decision. National Council on Family Relations Conference: Panel presentation. Little Rock, AR, November 6, 2008.

Seiling, S. (2008). New Start: Ohio's debtor education course. Presented at the Extension Pre-Conference of AFCPE in Garden Grove, CA on November 19, 2008.

Mammen, S., Seiling, S., & Lass, D. (2008). Low-income rural mothers: Public policies that assist their employment decision. Presented at the National Council on Family Relations Conference in Little Rock, AR on November 6, 2008.

Seiling, S. (2008). Breaking into Moodle: Using course software to create a debtor education class. Presented at the eXtension Communities of Practice annual meeting in Louisville, KY on June 25, 2008.

Seiling, S. B. & Bird, C. (2007) Social support. Presented to the National Extension Agents of Family and Consumer Sciences Annual Conference, Minneapolis, MN, September 16, 2007.

Seiling, S. B. (2006). Update on Investor Education funding activities. Presented to the Extension Pre-Conference at the Annual Conference of the Association of Financial Counseling and Planning Education, San Antonio, TX, November 15, 2006.

Seiling, S. B., Stafford, K., & Manoogian, M. (2006). Objective and subjective well-being for Appalachian mothers. Paper presented at the 68th Annual Conference of the National Council on Family Relations, Minneapolis, MN, November 19, 2006.

Dolan, E.M., Braun, B., Katras, M.J. & Seiling, S. (2006) Rural TANF recipients: How they fare over time. Paper presented at the Welfare Research and Evaluation Conference, Crystal City, Virginia, June 5, 2006.

Seiling, S. B., Reschke, K., & Manoogian, M. (2006). Rural families speak out: Child care and social support. Breeze Live presentation, University of Minnesota, April 19, 2006. Available at: <http://fsos.che.umn.edu/projects/rfs.html>.

Seiling, S. (2005). From Research to Action: Social support sustains employment in service jobs. Breeze Live presentation, University of Minnesota, September 13, 2005. Available at: <http://fsos.che.umn.edu/projects/rfs/publications/breezelive.html>.

Seiling, S. B. (2004). The costs of social support. Paper presented at the 66th Annual Conference of the National Council on Family Relations, Orlando, FL, November 19, 2004.

Reschke, K. L. Manoogian, M., Walker, S. K., Richards, L. N., & Seiling, S. B. (2004). Child care

decisions in rural, low-income families: Is grandmother the best choice? Paper presented at the 66th Annual Conference of the National Council on Family Relations, Orlando, FL, November 19, 2004.

Waybright, L. Morrison, P. Seiling, S. Meek, J. & Manoogian, M. (2004). The informal and formal support networks of rural, low-income Appalachian families. Paper presented at the annual conference of the National Association of Extension Family and Consumer Sciences, Nashville, TN, October 8, 2004.

Shockey, S.S. and Seiling, S.B., (2003). Financial education helps IDA participants save money. Paper presented at the Galaxy Conference, Salt Lake City, UT, September 22, 2003.

Seiling, S., McCabe, S., Reschke, K. & Stafford, K. (2003). The role of place-based resources in family sustainability. Paper presented at the annual conference of the Community Development Society, Ithaca, NY, July 19, 2003.

Braun, B., Seiling, S., Lawrence, F., Pearson, M., Varcoe, K., Olson, C., and Simmons, L.A. (2003). Rural low income families speak about food, family and finances. Paper presented to the USDA FNS National Nutrition Education Conference, Washington, DC February 25, 2003.

Richards, L. Manoogian, M., Seiling, S., Bird, C. (2002). Providing support and presenting challenge: Adult daughters and their mothers in rural, low-income families. Paper presented at the annual conference of the National Council on Family Relations, Houston, TX, November 24, 2002.

Dyk, P, Braun, B., Swanson, J. Seiling, S. (2002). Appalachian rural family economic well-being in the context of public assistance. Paper presented at the 2002 Rural Sociological Society annual meeting, Chicago, IL, August, 2002.

Lees, N.B., Varcoe, K.P., Lawrence, F., Knight, S., Seiling, S., Bauer, J., Keefe, D., & Bosch, K. (2002). Helping rural low-income families become self-sufficient: The Earned Income Tax Credit. Paper presented at annual meeting of CYFAR, New Orleans, LA, May, 2002.

Seiling, S. (2001). Assessing community collaborations with the system, policy and environmental change grid. Paper presented at Nutrition Education for Diverse Audiences II: Integrating Research and Practice Conference, Dallas, TX, September 12, 2001.

Olson, C., Seiling, S., and Lawrence, F.C. (2001). Factors contributing to and protecting against food insecurity in rural counties of the U.S. Paper presented at Nutrition Education for Diverse Audiences II: Integrating Research and Practice Conference, Dallas, TX, September 12, 2001.

Seiling, S, Dyk, P.H., Braun, B., and Bauer, J.W. (2001). Coping strategies of low-income rural women: Findings and policy issues. Paper presented at the 63rd Annual Conference of the National Council on Family Relations, November 8, 2001 in Rochester, NY.

Seiling, S. and Braun, B. (2000) Material well-being of rural families with children. Paper presented at the NCFR Annual Conference in Minneapolis, MN on November 10, 2000.

Seiling, S., Bradshaw, E., and Medeiros, L. (2000) NEON: Reaching pregnant and parenting teens with nutrition education via the web. Paper presented at AAFCS Annual Conference in Chicago, IL on June 24, 2000.

Seiling, S., Cox, K.J., Cropper, R., Lindner, J., and Holsted, B. (2000) Developing youth entrepreneurial abilities: applications in Appalachia. Paper presented at the CYFAR 2000 Conference in Charlotte, NC on March 8, 2000.

Rudd, N.A., Seiling, S. and Sloan, B. (1999) Body Image Issues: Behavior change and the Stages of Change Model. Paper presented at ITAA Annual Conference in Santa Fe, NM on November 11, 1999.

Medeiros, L., O'Rourke, P., Brown, D., Bradshaw, E., Seiling, S., Johnson, W., Mitchell, M. McDowell, J., and Enright, S. (1999) Teaching nutrition education on-line to pregnant and parenting adolescents–The NEON Project." Paper presented to the Society for Nutrition Education in Baltimore, MD, July 26, 1999.

Flenner, T., Medeiros, L., Seiling, S. and McDowell, J. (1998) Measuring stages of change among FNP participants in nutrition education programs. Paper presented to the Society for Nutrition Education in Santa Fe, NM, July 26, 1998.

Seiling, S. B. (1997) Marital power as an influence on division of property at divorce. Poster presented to "Public Policy: Economic Impact on Children, Youth & Families, 1997 Pre-Conference of the Family Economics & Resource Management and Family Relations & Human Development Divisions of the American Association of Family and Consumer Sciences on June 19th, 1997 in Washington, DC.

Seiling, S. and Krauskopf, J. (1995) Power imbalance between spouses of long-term marriage: Effect in resolving disputes with focus on sharing pension benefits at divorce. Paper presented at Collaborative Approaches to Dispute Resolution Conference, sponsored by American Association of Retired Persons, April 1, 1995, Washington, D.C.

Regional

Seiling, S. (2007). Moving ahead in financial management: education and behavior change. Keynote address presented to the Wisconsin FCS Extension state conference, Stevens Point, WI, June 26, 2007.

Seiling, S. (2004) Family sustainability: Views from Ohio rural low-income mothers and county leaders. Paper presented at Cultures, Governance and Rural Poverty in the Midwest: Toward a Regional Research Framework to Reduce Poverty, Chicago, IL, May 26, 2004.

Henderson, D., Tribe, D., and Seiling S. (1995) Development of a Local CHIS. Paper presented to the 26th Annual Meeting of the Midcontinent Regional Science Association, St. Louis, MO, June 2, 1995.

Henderson, D., Tribe, D., and Seiling S. (1995) Attitudes about regional development issues in Appalachian Ohio," presented to the Southern Regional Science Association Meeting, San Antonio, TX, April 10, 1995.

Tribe, D., Seiling, S. and Henderson, D. (1994). Who defines my home: Housing gatekeepers in Appalachia? Presented to the 17th Appalachian Studies Association Conference, Blacksburg, VA, March 13, 1994.

Goss, R.C., Seiling, S., Parrott, K., Tribe, D. and Henderson, D. (1993). Images of home and community: A comparison of Appalachian Virginia and Ohio." Presented to the 16th Appalachian Studies Association Conference, Johnson City, TN, March 20, 1993.

State

Seiling, S. (2009). Using eXtension Financial Security for All web site as a library resource. Presented to librarians throughout Ohio via webinar September 24, 2009 in Columbus, OH.

Seiling, S. (2009). Assessing and Utilizing formal and informal support resources. Presented to the EFNEP 40th Anniversary Conference May 7, 2009 in Columbus, OH.

Seiling, S. (2009). Participated in a session of the Town Hall Ohio radio program of the Ohio Farm Bureau. Recorded in Columbus, OH on January 6, 2009.

Seiling, S. & Hudson, N. (2008). Presenting New Start for Financial Success, an OSU Extension Signature Program. Presented to OSU Extension Annual Conference December 17, 2008 in Columbus, OH.

Seiling, S. B. (2006). I Would Eat a Healthier Diet, But I Can't Afford To: Some Research Findings on Diet Quality and Food Cost, Availability, & Expenditures. Paper presented to the OSU Extension Expanded Food and Nutrition Education Program and the Family Nutrition Program faculty and staff October 11, 2006.

Seiling, S. B. (2006). Food security is basic to a family's well-being. Paper presented to the OSU Extension Expanded Food and Nutrition Education Program and the Family Nutrition Program faculty and staff April 26, 2006.

Seiling, S. B. (2005). The Role of the Earned Income Tax Credit in Sustaining Families and Communities. Poster presented at OSU Extension Annual Conference December 12, 2005 in Worthington, OH.

Seiling, S. (2005). Goals and Goal Setting: Support for Eating Right is Basic. Paper presented to the OSU Extension Expanded Food and Nutrition Education Program and the Family Nutrition Program faculty and staff October 11, 2005.

Wolford, M., Sloan, B., & Seiling, S. (2004). On Target for Success: Getting It Together for Work. Paper presented at OAFCS meeting April 4, 2004 in Columbus, OH.

Shockey, S., Laster, J. & Seiling, S. (2004). Financial Education for Financial Management Behavioral Change. Paper presented at OAFCS meeting April 4, 2004 in Columbus, OH.

Reschke, K. & Seiling, S. (2004). Personal Networks and Social Support: Rural Low-Income Families' Safety Net? Paper presented at OAFCS meeting April 3, 2004 in Columbus, OH.

Seiling, S. (2002) Food Security and Life Satisfaction, presented to the Tribute to America, Celebrating Unity, FNP/EFNEP Conference on September 20, 2002 in Columbus, OH.

Seiling, S. and McDowell, J. (2000) Measuring collaborative change: OSU Extension Family Nutrition Program. Presented at Ohio Families and Children First Annual Conference in Columbus, OH on November 1, 2000.

Seiling, S. and Burkett, A., (1999) Indoor air quality and your health, presented at the OAFCS Annual Conference in Akron, OH on April 16, 1999.

Medeiros, L., McDowell, J. and Seiling, S. (1999) Applying the Stages of Change Model to teaching and evaluation in FNP. Presented at the statewide in-service, Columbus, OH March 11 & 12, 1999.

McDowell, J. Medeiros, L. and Seiling, S. (1998) Using Stages of Change to evaluate the FNP Program in Ohio. Presented to the Family Nutrition Program annual conference, Columbus, OH, October 14, 1998.

Seiling, S. Medeiros, L. and McDowell, J. (1998) Applications of Stages of Changes for FNP program evaluation. Presented to FCS program personnel in statewide in-service training in Columbus, OH on May 28, 1998.

Medeiros, L., McDowell, J. And Seiling, S. (1997) Stages of change: An evaluation model for FNP." Presented to the Family Nutrition Program annual conference, Columbus, OH, October 10, 1997.

Seiling, S. (1997) "What's a woman to do? Financial ramifications of divorce after 20+ years of marriage. Presented to the 88th Annual Meeting of the Ohio Association of Family and Consumer Sciences, Maumee Bay Resort and Conference Center, Oregon, OH, April 12, 1997.

eXtension Activities

Curriculum Development

Seiling, S. B., Gorham, E., Koehler, C., Hayhoe, C. R., Hudson, N., Kim, J., & Knight, S. E. **Financial Success: Recovery After Bankruptcy**, debtor education course for eXtension FSA Community of

Practice. It was submitted to Department of Justice from the eXtension Foundation in October, 2009. I was the team leader throughout the process of development and took on the majority of the web development in conjunction with the technical designer.

Other

eXtension Financial Security for All (FSA) Community of Practice (CoP) Leadership Team member, worked as liaison with NCCC052 Multi-state Research Committee to add research summaries on financial topics to the FSA site, contribute to monthly meetings of the leadership team.

Member of iTeam for OSU Extension, working on incorporating eXtension into OSU Extension.

Other Extension Activities

Worked on the New Start Signature Program, member of team that developed marketing materials and promoted it through Legislative luncheon, County Commissioners' Day.

Honors and Awards

Financial Security for All Community of Practice (leadership team), Swanson, P. Chair, Pankow, D., past Chair and Schuchardt, J., NIFA Liaison (2009). Received the Federal Deposit Insurance Corporation (FDIC) Chairman's Award for Innovation in Financial Education for the Kansas City Region, December 3, 2009 in Washington, D.C.

Anderson, E., Bechman, J., Branch, J., Gutter, M., Kirk-Fox, L., Kiss, E., Miller, J., O'Neil-Haight, M., O'Neill, B., Pankow, D., Porter, N., Schuchardt, J. Seiling, S. & Swanson, P. (alphabetical order) as the eXtension Financial Security for All (FSA) Community of Practice (CoP) Leadership Team (2009). Received the Outstanding Community of Practice Award at the National eXtension Conference, October 23, 2009 in St. Louis, MO.

Pankow, D., Porter, N., Seiling, S., Branch, J., O'Neill, B., Anderson, E. and Schuchardt, J. as the eXtension Financial Security for All Community of Practice (CoP) Leadership Team. (2007). Received the Outstanding Consumer Financial Information Award for 2007 from the Association of Financial Counseling and Planning Education at its annual conference, Nov. 16, 2007.

Shockey, S. & Seiling, S. (2004). Moving into action: Application of the transtheoretical model of behavior change to financial education. *Financial Counseling and Planning*, 15, (1), 41-52. Received the Outstanding Journal Article award for 2004 from the Association of Financial Counseling and Planning Education at its annual conference, Nov. 19, 2004.

Seiling, S. (1995). Invited to present The Ohio State University Graduate School Lecture, Financial effects of divorce on women: Big change or small change?" The Ohio State University, Columbus, OH, May 5, 1995.