

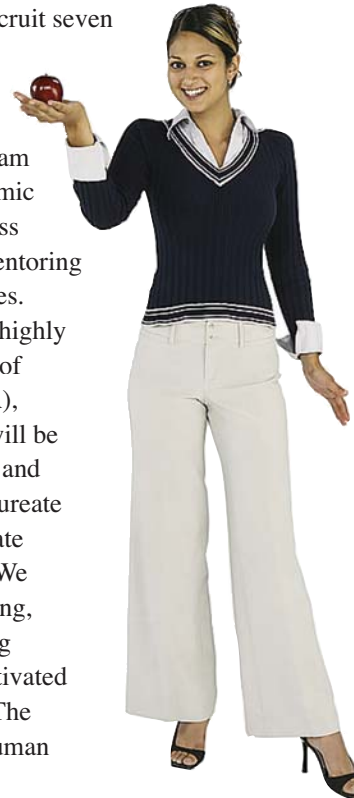
Eliminating the Gap

There is an established link between diet and four of the leading causes of mortality (*i.e.*, heart disease, some types of cancers, stroke, and diabetes) in the United States. Nutrition science studies the role of diet in modulating the balance between health and disease by focusing on this relationship at the cellular, organ, and the whole body levels of individuals, within the community, and for entire populations. A disproportionately high percentage of minorities are affected by these and other life-threatening conditions. However, the number of minority professionals trained in nutrition science and related professions remains quite low. This situation is alarming since professional caregivers often lack knowledge and cultural sensitivity for the unique dietary and lifestyle patterns of minority populations. Increasing 'manpower' from minority professionals represents a necessary strategy to develop more effective interventions that promote healthy dietary behaviors and patterns of physical activity within minority populations.



Recruit • Retain • Refresh • Reward: The 4Rs Multicultural Scholars Program

The objective of the Recruit, Retain, Refresh, Reward (4Rs) Multicultural Scholars Program (MSP) program is to recruit seven undergraduate minority Scholars to The Ohio State University (OSU) Human Nutrition program and nurture their academic development and success via intensive faculty mentoring and enrichment activities. In partnership with the highly successful OSU Office of Minority Affairs (OMA), participating students will be prepared for admission and success in post-baccalaureate professional and graduate educational programs. We look forward to recruiting, retaining, and rewarding highly talented and motivated minority students into The OSU Department of Human Nutrition's 4Rs MSP.



Recruitment of 4Rs Scholars

Recruit Scholars

- Recruit sophomores and outstanding freshman during 2008 winter and spring quarters to begin program in autumn 2008
- Three avenues for recruitment:
 - Office of Minority Affairs
 - Introductory nutrition course
 - Student pre-professional clubs and minority organizations

Competitive Admission

- Must have ≥ 3.0 GPA (overall) by end of spring quarter sophomore year
- Criteria for competitive admission, evaluated by 4Rs MSP faculty committee:
 - 4Rs MSP application
 - Statement of purpose
 - Letters of recommendation
 - Undergraduate GPA (overall)
 - Interview

Enroll Scholars*

- Time frame, autumn 2008
- Offer:
 - Tutoring through OMA
 - Invitation to Multicultural Nutrition Seminar Series
 - 4Rs MSP Newsletter
 - Bi-weekly group meeting with 4Rs Project Director
 - Mentor relationship w/faculty and peer
 - Access to internship and research opportunities
- Financial support provided for junior and senior years (*and sophomore year if outstanding freshmen identified*)
- Each Scholar will receive:
 - \$4500/year tuition and fees (for 2 years = \$9000 total)
 - \$1000/2 years (total) enrichment activities

*Scholar renewal for senior year based on:

- Maintenance of ≥ 3.0 GPA
- Meeting regularly with 4Rs mentor
- Actively participating in 4Rs activities




For more information

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PARTICIPATING 4Rs FACULTY & STAFF

- Mark Failla, PhD (*Project Director (PD)*)
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- Carolyn Gunther, PhD (*Co-PD*)
- Hugo Melgar-Quinonez, PhD (*Co-PD*)
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- Monica Johnson (*Program Assistant*)

COLLABORATOR

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PROGRAM SPONSOR

-  *United States Department of Agriculture*
Cooperative State Research,
Education, and Extension Service

<http://ehe.osu.edu/hn/4Rs>

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