

**Human Nutrition: Nutrition & Community Health with Exercise Science Minor Sample 4-Yr Plan**

| Autumn                        | hrs          | Winter                         | hrs       | Spring                           | hrs       |
|-------------------------------|--------------|--------------------------------|-----------|----------------------------------|-----------|
| <b>Year 1</b>                 |              |                                |           |                                  |           |
| MATH 116, 130, or 148         | 4-5          | CHEM 101 or 121                | 5         | CHEM 102 or 122                  | 5         |
| ENGLISH 110                   | 5            | Social Science <sup>1</sup>    | 5         | Social Science <sup>1</sup>      | 5         |
| Social Science <sup>1</sup>   | 5            | Arts/Humanities <sup>2</sup>   | 5         | Arts/Humanities <sup>2</sup>     | 5         |
| HEC 100                       | 1            | HN 295*                        | 2         |                                  |           |
| <b>Total Hours</b>            | <b>15-16</b> | <b>Total Hours</b>             | <b>17</b> | <b>Total Hours</b>               | <b>15</b> |
| <b>Year 2</b>                 |              |                                |           |                                  |           |
| BIOLOGY 113                   | 5            | ANAT 199.04                    | 5         | EEOB 232                         | 5         |
| CS&E 101                      | 5            | HN 310                         | 5         | Arts/Humanities <sup>2</sup>     | 5         |
| 2nd Writing (any 367)         | 5            | Arts/Humanities <sup>2</sup>   | 5         | HN 313*                          | 3         |
|                               |              |                                |           | EDU PAES 122 <sup>3</sup>        | 1         |
| <b>Total Hours</b>            | <b>15</b>    | <b>Total Hours</b>             | <b>15</b> | <b>Total Hours</b>               | <b>14</b> |
| <b>Year 3</b>                 |              |                                |           |                                  |           |
| MBC 311*                      | 5            | MBC 312*                       | 5         | MICRO 509                        | 5         |
| EDU PAES 360/361 <sup>3</sup> | 4            | AT 661 <sup>3</sup>            | 4         | HN 415                           | 3         |
| COMM Choice <sup>4</sup>      | 5            | Statistics (e.g 135)           | 5         | EDU PAES 660.01 <sup>3</sup>     | 1         |
|                               |              |                                |           | EDU PAES 685 <sup>3</sup>        | 3         |
| <b>Total Hours</b>            | <b>14</b>    | <b>Total Hours</b>             | <b>14</b> | <b>Total Hours</b>               | <b>12</b> |
| <b>Year 4</b>                 |              |                                |           |                                  |           |
| HN 610*                       | 5            | HN 611*                        | 3         | HN 704*                          | 4         |
| HN 506*                       | 3            | EDU PAES 414/415 <sup>*3</sup> | 4         | EDU PAES 514/515 <sup>*3</sup>   | 4         |
| COMM Choice <sup>4</sup>      | 5            | HN 504*                        | 5         | EDU PAES 660.01/685 <sup>3</sup> | 4         |
|                               |              | EDU PAES 652                   | 3         |                                  |           |
| <b>Total Hours</b>            | <b>13</b>    | <b>Total Hours</b>             | <b>15</b> | <b>Total Hours</b>               | <b>12</b> |

Based on '10-'11 Program Sheet for new OSU students. Students need specified requirements plus electives to total a minimum of 181 hours to graduate.

<sup>1</sup>Students choose 3 Social Science courses from at least 2 of the 3 following categories: Individuals/Groups, Organizations/Politics, and Human Resources. See GEC sheet for specific courses in each category. Social Science courses may be used to meet diversity requirements, denoted by stars, asterisk, diamond, or cross on the GEC sheet. See the GEC sheet for a list of specific courses fulfilling this requirement.

<sup>2</sup>Arts/Humanities courses chosen from Literature, Visual & Performing Arts, History, or cultures and ideas. may be used to meet diversity requirements, denoted by stars, asterisk, diamond, or cross on the GEC sheet. See the GEC sheet for a list of specific courses fulfilling this requirement.

<sup>3</sup>Students take 24 hours of exercise minor courses (see program sheet). The minor must be declared by filing a minor program form with appropriate parties. FIRST set up appt with PAES - Office (614-292-6787 for appt) and then set up appt with Charles Mawhirter in 201 Campbell Hall (614-292-6612 for appt.)

<sup>4</sup>Students choose 2 courses from the following: AGR COMM 390, COMM 200, COMM 240, COMM 321, COMM 367, COMM 431

\* Course only offered once per year.

**HN - Human Nutrition, MBC - Molecular Biochemistry, AT- Athletic Training**