

Coaching Education Minor (342) Sport , Physical Education, and Exercise Science Section

There is a significant need for qualified coaches for children and youth sports programs. The Institute for the Study of Youth Sports estimates that 40 million youth participate in sports annually. Over 4 million adults serve as volunteer coaches. It is not unusual for schools, community agencies, and religious groups to seek competent persons to coach their children. All of these same organizations desire assistance with administration of their sport programs.

Thus, there is the need to develop competent coaches and administrators of these sports programs. Many students across campus express interest in coaching and coaching classes. Many students volunteer to coach while in college, yet they have little exposure to coaching education. Too often these "coaches" continue coaching patterns that are uninformed by advances in knowledge about quality coaching practices. They are also uninformed about the developmental and educational needs of those being coached.

The coaching minor is comprised of core courses and electives. Students who choose the minor have the choice to focus on the coaching and administration of youth and adolescent sports and are exposed to the knowledge and content needed to coach or organize an effective sports program. The minor emphasizes theories and basics of coaching, and administration of youth and adolescent sport programs. The minor requires a total of 27-33 credit hours (not including prerequisite requirements).

After an advisor in the School of Physical Activity & Educational Services-Office of Student & Alumni Services has approved the Minor Program Form, you must file the form with your college. No variations in the program are allowed.

Students preparing for a career in coaching are strongly encouraged to obtain CPR and First Aid Certification.

Core Courses (23-25 credits)

EDU PAES 262 (3) Coaching the Young Athlete
EDU PAES 380/381 (6) Exercise Phys. & Sport Performance
EDU PAES 643 (4) Coaching Effectiveness
ATH TRNG 661 (4) Survey of Sports Medicine
EDU PAES 489.05 (6-8) Interscholastic Coaching Field Experiences

Elective Courses – select **two** courses from the following:

EDU PAES 245 (3) Sport & Recreation Leadership
EDU PAES 360&361 (4) Kinesiology w/Lab
EDU PAES 509 (3) Sport & Leisure Service Delivery & Promotion
EDU PAES 545 (3) Programming in Sport & Recreation (245 is a prerequisite)
EDU PAES 542 (5) Lifespan Motor Development
EDU PAES 607 (4) Legal Aspects of Sport & Physical Activity
EDU PAES 657 (2) Sport & Disability
EDU PAES 785 (3) Management in Leisure Programs (245 & 545 are prerequisites)

General Information

1. The minor is not available to students majoring in Sport & Leisure Studies.
2. A minimum overall cumulative point-hour ratio (CPHR) for courses comprising the minor shall be 2.0.
3. No grade below a C- will be permitted in courses comprising the minor.
4. Courses taken on a Pass/Non-Pass basis may not be applied to the minor.
5. No more than 10 hours of transfer credit may be applied to any minor.
6. A student may not double count courses between the minor and other requirements except where approved by the University.

- ▶ EDU PAES 262 is a prerequisite to EDU PAES 643
- ▶ EDU PAES 643 and ATH TRNG 661 are prerequisites to EDU PAES 489.05