

The Ohio State University
College of Education and Human Ecology
Department of Human Sciences

Human Nutrition (HUMNNTR-MN)

College of Education and Human Ecology
Department of Human Sciences
Undergraduate Student Services
A100 PAES Building, 305 W. 17th Ave Columbus, OH
43210; 614-292-9261 <http://ehe.osu.edu/>

The minor in human nutrition consists of 15-20 credit hours and is designed to provide the student with an introduction to the area of human nutrition.

Students who plan to complete the minor must meet with an academic advisor in the College of Education and Human Ecology to fill out the Minor Program Form.

The minor is composed of the following courses:

Required Courses (6 credits)

HUMNNTR 2310 Fundamentals of Nutrition (3)

HUMNNTR 3506 Nutrition across the Life Span (3)

Choose remaining courses (to complete a total of at least 15 semester hours) from the following:

HUMNNTR 2295 Careers in Nutrition (1)

HUMNNTR 2314 Fundamentals of Food (3)

HUMNNTR 2450 Foodservice Sanitation and Safety (1)

HUMNNTR 3704 Public Health Nutrition (2)

HUMNNTR 3313 Food in Different Cultures (2)

HUMNNTR 3415 Global Nutrition Issues (2)

HUMNNTR 4609 Macronutrient Metabolism (3)

HUMNNTR 4610 Micronutrient & Phytochemical
Metabolism (3)

HUMNNTR 4504 Nutrition Education & Behavior Change (3)

HUMNNTR 5705 Nutrition and Physical Performance (2)

Human Nutrition minor program guidelines

The following guidelines govern minors:

Required for graduation No

Credit hours required A minimum of 15 credit hrs. 1000 level courses shall not be counted toward the 15 credit hr minimum.

Transfer credit hours allowed A maximum of 6

Overlap with the GE Permitted.

Overlap with the major Not allowed and

- The minor must be in a different subject than the major.
- Courses specified on the major that are also part of an established minor can be counted toward both the major and the minor.

Overlap between minors Each minor completed must contain 12 unique hours.

Grades required

- Minimum C- for a course to be listed on the minor.
- Course work graded Pass/Non-Pass cannot count on the minor.

Minor Approval Early declaration of the minor and early consultation with an academic advisor to discuss course choices is highly encouraged.

Filing the minor program form Students must declare their minor with the College of Education and Human Ecology at least by the time the graduation application is submitted. Early declaration is highly encouraged.

Changing the minor Once the minor program is filed in the college office, any changes must be approved by an academic advisor

College of Education and Human Ecology
Office of Academic Affairs
172 Arps Hall
<http://ehe.osu.edu>
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