

# Human Nutrition - Dietetics

Bachelor of Science in Nutrition



**THE OHIO STATE UNIVERSITY**  
COLLEGE OF  
EDUCATION AND HUMAN ECOLOGY



Effective for students admitted to the College of Education and Human Ecology beginning **Autumn 2022**

| General Education Requirements (32-39 Hours)  | HOURS    |
|---|----------|
| Launch Seminar  | 1        |
| Reflection Seminar  | 1        |
| <b>Foundations (22-25 Hours)</b>  |          |
| Writing & Information Literacy  | 3        |
| Mathematical & Quantitative Reasoning or Data Analysis  | 3-5      |
| Literary, Visual & Performing Arts  | 3        |
| Historical & Cultural Studies   | 3        |
| Natural Science   | 4-5      |
| Social & Behavioral Sciences  | 3        |
| Race, Ethnic & Gender Diversity   | 3        |
| <b>Thematic Pathways (8-12 Hours)</b>   |          |
| Take 4-6 hours from Citizenship for a Diverse & Just World and 4-6 hours from another Thematic Pathway of choice.       |          |
| Citizenship for a Diverse & Just World  | 4-6      |
| Choice of 4-6 hours from one additional Thematic Pathway:<br>Lived Environments<br>Sustainability<br>Health & Wellbeing | 4-6      |
| <b>EHE 1100 College Survey</b>  | <b>1</b> |

| Supporting Course Requirements (40-46 Hours)   | HOURS |
|--|-------|
| Math Placement M or L, or MATH 1148 College Algebra or equivalent  | 0-4   |
| PSYCH 1100 Introduction to Psychology (can overlap with GE Social & Behavioral Sciences)   | 3     |
| SOCIOL 1101 Introductory Sociology, or<br>ANTHROP 1100 Introduction to Anthropology (can overlap with GE Historical & Cultural Studies)  | 3     |
| BIOLOGY 1113 Biological Sciences: Energy Transfer & Development (can overlap with GE Natural Science)  | 4     |
| STAT 1350.xx Elementary Statistics, or STAT 1450.xx Introduction to the Practice of Statistics (either can overlap with GE Math & Quantitative Reasoning or Data Analysis)   | 3     |
| CHEM 1210 General Chemistry I  | 5     |
| CHEM 1220 General Chemistry II   | 5     |
| ANATOMY 2300.04 Human Anatomy  | 4     |
| BIOPHRM 3311 Fund. of Medical Biochemistry I, or<br>CHEM 2510 Organic Chemistry I  | 3-4   |
| BIOPHRM 3312 Fundamentals of Medical Biochemistry & Molecular Biology II, or<br>BIOCHEM 4511 Intro to Biological Chemistry   | 3-4   |
| EEOB 2520 Human Physiology   | 3     |
| MICRBIO 4000.xx Basic & Practical Microbiology   | 4     |
| Major Requirements (49 Hours)  | HOURS |
| <p><b>Major Admission Requirements:</b><br/>Competitive application process requiring completion of an application, 2.5 Ohio State cumulative GPA or higher, successful completion of: Math Placement M or L or MATH 1148 or higher, CHEM 1210, CHEM 1220, &amp; BIOLOGY 1113.</p> <p>C- grade or higher required in all Human Nutrition courses to be eligible to receive a Verification Statement for the Didactic Program in Dietetics (DPD).</p> |       |
| HTHRHSC 2500 Medical Terminology for the Health Professions  | 3     |
| CSHSPMG 3720 Food Service Management   | 3     |
| CSHSPMG 3730 Food Service Management Practicum   | 1     |
| CSHSPMG 3700 Controlling Food, Beverage, & Labor Costs   | 3     |
| HUMNNTR 2295 Careers in Nutrition  | 1     |
| HUMNNTR 2410 Science of Nutrition  | 4     |
| HUMNNTR 2314 Fundamentals of Food  | 3     |
| HUMNNTR 2450 Foodservice Sanitation & Safety   | 1     |
| HUMNNTR 3313 Food in Different Cultures  | 2     |
| HUMNNTR 3415 Global Nutrition Issues   | 2     |
| HUMNNTR 3506 Nutrition Across the Life Span  | 3     |
| HUMNNTR 3704 Public Health Nutrition   | 2     |
| HUMNNTR 4504 Nutrition Education & Behavior Change   | 3     |
| Major Requirements Continued on Page 3   |       |

| Major Requirements Continued from Page 2  | HOURS |
|---|-------|
| HUMNNTR 4596 Dietetics Seminar  | 1     |
| HUMNNTR 4609 Macronutrients   | 3     |
| HUMNNTR 4610 Micronutrients & Phytochemicals  | 3     |
| HUMNNTR 5611 Medical Nutrition Therapy I  | 3     |
| HUMNNTR 5622 Medical Nutrition Therapy I Lab  | 1     |
| HUMNNTR 5623 Medical Nutrition Therapy II Lab   | 1     |
| HUMNNTR 5612 Medical Nutrition Therapy II   | 3     |
| MEDDIET 4900 Nutrition Assessment   | 3     |
| <b>Total Hours: 109-135</b>   |       |
| <b>Free Electives to reach 120 Hours: 0-11</b>  |       |
| Minimum of 120 credit hours required for degree completion. Total Hours range is based on requirement course choices and/or the number of credits that overlap between requirement areas. Students are encouraged to overlap as many credits as possible. |       |