



Obesity Sciences (OBESITY-GIS)

Graduate Interdisciplinary Specialization Program

Course work (10 hours)

Core Required Course (3-4 hours)

HDFS 7570 or PUBHHBP 7570 Obesity, A Multidisciplinary Foundation (2 hours)

Capstone Project Independent Study Course (1-2 hours)

Students will enroll with a faculty mentor for 1-2 credit hours of independent study to be counted toward their GIS requirement. Students will be aligned with the mentor to immerse themselves in the mentor's research and to learn a new area of obesity research. Student will enroll in independent study credit through his/her mentor's department. An additional requirement is that the student will integrate his or her GIS coursework to create a scholarly deliverable (e.g., review paper, meta-analysis, intervention design, and program evaluation) and present the product in a capstone symposium with other students in the GIS. Symposiums will be scheduled during the last three weeks of the autumn and spring semesters of the independent study and open to the university community.

Elective Courses (minimum 9 hours, at least 2 separate courses) *List on next page*

Fast Fact

Applications to enroll in the GIS are accepted during the first three weeks of autumn semester and the first three weeks of the spring semester and are reviewed soon thereafter by the GIS Coordinating Committee.

Students enrolled in the Graduate Interdisciplinary Specialization (GIS) in Obesity Sciences must be Masters or PhD students in good standing (i.e., GPS \geq 3.0) with permission of their primary advisor and currently enrollment in the University. To earn GIS designation on their transcripts upon graduation, students must complete at least 10 hours of graduate-level course work. At least 9 hours must be completed from outside the home graduate program, but may include cross-listed courses (e.g., PBHHBP/HDFS 7570). Obesity: Multidisciplinary Foundations (cross-listed in Human Sciences and Public Health) is a 2-credit required core course that should be taken the first spring semester after enrollment in the GIS.

Minimum hours: 10 (9 credits outside of student's program)

For More Information:

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Elective Courses

Students will choose at least two separate courses from the following list of courses that represent the content modules: biomedicine, policy and industry, behavior, and sociocultural. Additional or alternate courses may be included with input from their GIS advisor.

Biomedicine

HUMNNTR 7761	Macronutrient Metabolism (4)
HUMNNTR 8801	Macronutrients- Lipids and Energy Balance (3)
ANIMSCI 8833	Diet, Nutrition and Cancer (3)
PUBHEPI 6415	Nutrition in Public Health (3)
PUBHEPI 8411	Epidemiology of Obesity (3)

Policy and Industry

PUBHHBP 7542	Settings and Special Populations in Health Promotion (3)
PUBHHBP 7558	Social-Ecological Strategies in Prevention (2)
HDFS 5897	Special Topics in Prevention Science (3)
PUBAFRS 5890	US Food Policy (3)
PUBAFRS 5900	Food Systems Planning and the Economy (3)

Behavior

MEDDIET 6300	Advanced Nutrition and Metabolism (3)
MEDDIET 6900	Nutritional Genomics (3)
MEDDIET 6200	Community Nutrition and Health (3)
CONSCI 8270	Managing Consumer Risk (3)
ESCE 5271	Wellness: Achieving a Healthy Lifestyle (3)
HUMNNTR 5705	Nutrition and Physical Performance (2)
HUMNNTR 7804	Advanced Community and International Nutrition (3)
HUMNNTR 8836	Advanced Nutrition Genomics (3)
KNHES 7726	Changing Physical Activity Behavior (3)
KNHES 7720	Measurement in Physical Activity Behavior (3)

Sociocultural

CSFRST 7574	Aesthetics, Appearance Management, and Self-Presentation (3)
ESSPSY 7028	Cultural Diversity (3)
HTHRHSC 7010	Health Literacy (2)
HDFS 7500	Families, Systems, and Health (3)
NURSING 7491	Health Promotion and Disease Prevention across the Life Span
NURSING 6430	(3) Cultural Competence in Health Care: US and Global Contexts
SOCWORK 6201	(3) Social and Economic Justice (3)
SOCWORK 6202	Diversity and Cultural Competence (3)

GIS in Obesity Sciences – Student Advising Sheet - revised 2019

Name: _____

Email: _____

College, Department, Program: _____

Advisor in Home Program: _____

Advisor in GIS (if known): _____

Course Numbers and Titles*	Credit Hours	Semester Taken	Grade
Required Courses (3-4 credits)			
1. PUBHHBP 7570/HDFS 7570 – Obesity: Multidisciplinary Foundations	2	First spring semester enrolled	
2. Independent Study - Capstone	1-2		
Elective Courses (minimum 6 credits)			
1. req	3		
2. req	3		
3.			
4.			
5.			
<i>Total of 10 hours required for completion of the GIS in Obesity Sciences.</i>			
Date Received:		Date Sent to Grad School:	
Student Signature:		Date:	
GIS in Obesity Sciences Coordinator Signature:		Date:	

*At least 9 credit hours (approx. 3 courses) out of the 10 credit hours required must be completed from outside the student's home graduate program. These 9 credit hours may include cross-listed courses (e.g., PUBHHBP/HFDS 7570).