

BACHELOR OF SCIENCE HEALTH PROMOTION, NUTRITION AND EXERCISE SCIENCE
Health Promotion, Nutrition & Exercise Science⁹

Effective for students admitted to the College of Education and Human Ecology beginning Summer 2016

COURSE & NUMBER	HRS	COURSE & NUMBER	HRS
UNIVERSITY REQUIREMENTS (52-54)		Foundational Science Requirements (10-13)	
Writing (6)		ANATOMY 2300.04 or ⁴ EEOB 2510	4 or 3
⁶ ENGLISH 1110.01 or 1110.02 or ¹ 1110.03	3	⁴ MICROBIO 4000	4
^{3,5} 2 nd level Writing Course (2367)	3	PHYSIO 3200 or EEOB 2520	5 or 3
^{2,5} Literature (3)	3		
^{2,5} Arts (3)	3	MAJOR REQUIREMENTS (46-52)	
		⁸ ESWDE 5649S Teaching Adults in the Workplace	3
Math (5-7)		HUMNNTR 2295 Careers in Nutrition	1
⁶ Math Placement M or higher, MATH 1148 or Equiv	0-4	HUMNNTR 2310 Fund of Nutrition	3
MATH 1149 or 1150	3-5	HUMNNTR 3506 Nutrition Across Life Span	3
Data Analysis (3) STAT 1350 or equiv	3	⁸ HUMNNTR 3704 Pblc Hlth Nutrition	2
		⁸ HUMNNTR 4504 Nutrition Education and Behavior Change OR ⁸ KNHES 4525 Promoting Behavior Chng in Sprrt, Leisure, and Exs	3
Science (14)			
BIOLOGY 1113	4	HUMN NTR 5705 Nutr & Phys Performance	2
CHEM 1210	5	KNHES 2360 Kinesiology	4
CHEM 1220	5	⁸ KNHES 5651 Hlth Prog Plning	3
^{2,3,5} Historical Study (3)	3	⁸ KNHES 5652 Wrkste Hlth	3
		⁸ KNHES 5703 Hlth Beh Theory	3
Social Sciences (6)		⁸ KNHES 5704 Hlth Prog Eval	3
^{3,8} PSYCH 1100 or ⁸ HDFS 2400	3	⁸ PUBH EPI 2410 Intro to Epi	3
SOCIOL 1101	3		
		<i>Complete courses from Group A or Group B</i>	
² Culture & Ideas or ²Historical Study (3)	3	Group A	
		CHEM 2510 and BIOCHEM 4511 OR BIOPHRM 3311 and 3312	8 or 6
Open Option (2 courses, 6 credit hours)			
Choice (recommended: ⁴ MICROBIO 4000)	3	⁶ HUMNNTR 4609 Macronutrient Metabolism	3
Choice (recommended: ⁴ EEOB 2510)	3	⁶ HUMNNTR 4610 Micronutrient Metabolism	3
		Group B	
		⁶ BIOCHEM 2210 OR CHEM 2510 and BIOCHEM 4511 OR BIOPHRM 3311 and 3312	4, 8, or 6
		KNHES 3414 Applied Exercise Physiology	4
		KNHES 5685 Adlt Exer Prog- Implementation	4
EHE 1100 (1)	1	⁷ Pre-major and Major Admission Requirements (see below)	
Electives (0-11)	0-11	TOTAL HOURS REQUIRED:	120

¹ English 1110.03 must be taken concurrently with English 1193.03

² Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement.

³ Students must complete one Social Diversity in the US course, which is typically met by selecting a 2nd Writing, Historical Study, or Social Science course that meets this requirement.

⁴ Recommended GE overlaps with major and can fulfill both GE and major requirement

⁵ Highlights category where overlap within the GE may occur, such as between Arts and Historical Study, Literature and Social Sciences, 2nd Writing and Social Sciences, etc.

⁶ If HUMNNRT 4609 and 4610 will be taken, students should not choose BIOCHEM 2210 as it will not meet the prerequisite.

⁷ Pre-major Admission Requirements: Minimum GPA of 2.75 after completion of 15 OSU credit hours. Major Admission Requirements: Minimum GPA of 2.75 after completion of 15 OSU credit hours. Completion of the following courses with a C- or higher: ENGLISH 1110; MATH 1148 or higher; BIOLOGY 1113; CHEM 1210 and 1220.

⁸ Completion of major requirements includes the course content required to sit for the Certified Health Education Specialist (CHES) certification examination.

⁹ Completion of the HPNES major does not meet requirements for the didactic program in dietetics