

OHIO Clinic Based Internships

Active Physical Therapy

5551 Hilliard Rome Office Park
Hilliard, OH 43026
Mandi Fetters-Vonderhaar, PT, (614)850-0500
mfetters@activeptcolumbus.com

Barberton Citizens Hospital

155 5th St. N.E.
Barberton, OH 44203-3398
Pamela Wise, (330) 745-1611

Bethesda Hospital

2951 Maple Ave
Zanesville, OH 43701
Rita Holbin

Blanchard Valley Hospital

145 West Wallace
Findlay, OH 45840
Denny Bash

Caremark Sportmed

70 South Cleveland Ave.
Westerville, OH 43081
Timothy Berridge

Cavender Health

164 Wetherby Lane
Westerville, OH 43081
(614) 939-2308
Joe Mattivich, (614) 572-7774

Cincinnati's Children's Hospital

Cincinnati, Ohio

To apply: <http://www.cincinnatichildrens.org/education/clinical/graduate/student/exercise-physiology/apply/>

The Clinical Exercise Physiology internship program at Cincinnati Children's offers a comprehensive training in Clinical Exercise Testing, Cardiopulmonary Exercise Rehabilitation or Exercise Therapy in Weight Management.

Cleveland Clinic Foundation

Desk A42
9500 Euccio Ave.

Cleveland, OH 44195

Gordon Blackburn Ph.D., (216) 444-8300

Cleveland Clinic is a large multidisciplinary, urban tertiary care hospital. The department of Cardiology had been ranked number one in the nation for the past four years. The Cardiac Rehabilitation program has both inpatient and outpatient facilities. Over 4,000 patients are treated annually in Phase I, and 11,000 GXTs are conducted per year. Up to 60 patients can be seen daily in Phase II and III. The Cardiac Rehabilitation program is part of the Section of Preventative Cardiology and incorporates aggressive risk stratification and risk reduction strategies as part of each patient care plan.

Columbus Blue Jackets

200 W. Nationwide Blvd.

Columbus, OH 43215

Kevin Collins, Head Strength and Conditioning Coach

kcollins@bluejackets.com

Doctor's Hospital West

5100 West Broad

Columbus, OH 43228

Joyce Fontana

Dublin Chiropractic

(614) 792-1425

Assist with rehabilitation program.

East Liverpool City Hospital

425 W. 5th St.

East Liverpool, OH 43920

(216) 385-7200

Fairfield Medical Center

401 N. Ewing St.

Lancaster, OH 43130

Teresa Weiner / Liz Hoover, (740) 687-8174

Fairfield Medical Center provides a multitude of experiences for graduate and undergraduate students. This internship main goal is to prepare the participant for the exercise specialist certification required by the American College of Sports Medicine. You will receive experience in the following areas cardiac rehabilitation phases 2-4; adult fitness, exercise prescription and grades exercise testing.

Franciscan Sports Medicine Center

One Franciscan Way

Dayton, OH 45408

Carol Cole, (937) 229-7415, Fax: (937) 229-6692

Franciscan Sports Medicine Center has fitness programs for employees, seniors, and the community. The 25,000-sq. ft. facility includes cardiovascular and resistance training equipment,

a walking track, and a swimming pool. Interns will gain valuable experience in conducting fitness assessments, maximal stress tests, exercise prescription and consultation, exercise instruction, fitness programming, and general administration.

Genesis Health Care System

2951 Maple Avenue

Zanesville, OH 43701

Sandra S. Brown, RN, BSN, Rehab Nurse, 740-453-3022

Genesis Health Care System Cardiac Rehabilitation Program is located in the Cardiopulmonary Department of Bethesda Hospital and Good Samaritan Medical Center. Both facilities offer Phase I in-patient Cardiac Rehab and education, Diagnostic testing, maximal stress testing, echocardiograms, and nuclear medicine studies. Phase II cardiac Rehab is offered at the Bethesda campus.

Grant Medical Center's Physician's Building

340 E. Town St., 9th Floor

Columbus, OH 43215

(614) 566-9880

Danielle Repko, (614) 566-9880

Grant Medical Center

111 South Grant Ave

Columbus, OH 43215

Rod Davenport, (614) 566-9880

Hands on Physical Therapy

Primary Location: 1401 S Arch Ave, Alliance, OH 44601, (330) 823-4263

Secondary Location: 45 State St, Struthers, OH 44471, (330) 755-6552

Lisa Norton-Toth, MPT, (330) 506-2700, Lrnmpt@aol.com

Health South

1313 Olentangy River Rd.

Columbus, OH 43212

Heart Fitness Center

1530 Needmore Rd.

Dayton, OH 45414

Bernadine Wressell, (937) 277-8476

Cardiac Rehab

Holzer Clinic Occupational Health-Sports Medicine

4th and Sycamore

Gallipolis, OH 45631

John Cunningham

Lake Rehabilitation and Wellness Center

6000 Heisley Rd.

Mentor OH44060-1836
Todd Music, (216) 352-1200

Lancaster Fairfield Memorial Hospital

401 N. Ewing Road
Lancaster, OH 43130
Shelly Thompson

Life Center plus Health and Fitness Center

5133 Darrow Rd.
Hudson, OH 44236

Jan M. Rubins, (330) 655-2377

Life Center Plus Health and Fitness Center includes activities for the whole family. Fitness evaluations, indoor track and lap pool, weight training and cardiovascular equipment, basketball, volleyball, and racquet ball courts, spinning and aerobics classes. The Center also provides Wellness activities including exercise programs for arthritic clients, cardiac rehabilitation, educational seminars and programs, dietitians, and Pre/Post Natal exercise programs.

Lima Memorial Health System

Cardiac Rehabilitation

1001 Bellefontaine Ave.
Lima, OH 45804

Cheryl Drexler, (419) 226-5197
cdrexler@LimaMemorial.org

Lorain Community Hospital

3700 Kolbe Rd.
Lorain OH, 44053
Claudia Montgomery

Mary Rutan - Cardiopulmonary Rehabilitation

205 Palmer Rd.
Bellefontaine, OH 43311
Roxanne Tackett, (937) 592-4015

Mary Rutan internship provides practical opportunity to work with cardiac patients in Phases 1, 2, & 3. Other programs include pulmonary rehabilitation, wellness, smoking cessation, and occupational and community health. Specific learning experiences include exercise testing and prescription, body composition assessment, heart and blood pressure determination, teaching and consultations, program administration, and observation of cardiovascular diagnosis techniques.

McConnell Heart Health Center

3773 Olentangy River Road
Columbus, OH 43214
Tony Hansen, (614) 566-3839
Shauna Miller (614) 566-4914, shauna.miller@ohiohealth.com

The 105,000 square foot McConnell Heart Health Center is Columbus' premier Center for prevention and rehabilitation of cardiovascular disease, with spacious clinical and exercise areas, classrooms, and a heart healthy café. Clinical programs include: cardiac rehabilitation, pulmonary rehabilitation, physical therapy, individual interdisciplinary counseling.

Mount Carmel Cardiac Rehabilitation

444 N. Cleveland Ave. Suite 320
Westerville, OH 43081
Amanda Putnam, (614) 234-4008, aputnam@mchs.com

Mount Carmel Fitness Center

7100 Graphics Way,
Lewis Center, OH 43035
Sandra Binkowski, sbinkowski@mountcarmelfitness.com
Intern responsibilities: Gain knowledge/experience in wellness and fitness programming, exercise testing and prescription, data outcomes, etc.

Nationwide Children's Hospital – Play Strong/New U Program

Sports Medicine
584 County Line Rd West Westerville, OH 43082
Herman Hundley, MS, AT, ATC, CSCS (614) 355-6059
PlayStrongIntern@nationwidechildrens.org
The Play Strong / New U Weekly Program is a physical activity program hosted by the Sports Medicine department. The goal of these programs is to assist adolescent patients and their families in increasing their physical activity levels and making healthy lifestyle changes in order to lose weight and improve overall well-being.

Nationwide Children's Hospital - Non-Invasive Cardiology Unit

700 Children's Drive
Columbus, OH 43205
Nicole Young, (937) 417-3238
Nicole.Young@nationwidechildrens.org
Internship experience in pediatric stress testing and cardiac rehabilitation
To apply: <https://www.nationwidechildrens.org/specialties/heart-center-cardiology/services-we-offer/programs/exercise-physiology/exercise-physiology-internship>

New Albany Health Associates

68 North High Street Building A & B
New Albany, Ohio 43054
Shelly Thompson, (614) 939-2308 ext 113

OhioHealth Mansfield, OH

335 Glessner Ave.
Mansfield, OH 44903
Site Supervisor: Michael Bichsel, (567) 241-7904, mpbichsel@yahoo.com

Orthopedic One

4605 Sawmill Boulevard

Upper Arlington, OH 43220

Geoff Omiatek, (614) 827-1050, gomiatek@orthopedicone.com

Orthopedic One

4611 Trueman Boulevard

Hilliard, Ohio 43226

Eric Clevidence, (614) 634-8166, eclevidence@orthopedicone.com

Parkinson's Disease Rehabilitation Institute

2145 Central Pkwy, Cincinnati, OH

Brian Terpstra, (630) 418-8377

bterpstra@parkinsonsrehab.org

Phillip Heit Center for Healthy New Albany

150 W. Main Street

New Albany, OH 43054

(614) 366-3075

Allan Sommer, allan.Sommer@osumc.edu

Internship experience in exercise testing, exercise prescription, program implementation and administration

St. Elizabeth Cardiac Rehab

Jennifer Nicholson, (330) 480-2044

Summa Barberton Hospital Cardiopulmonary Rehabilitation

155 Fifth Street

NE Barberton, Ohio 44203

Vicki Lonteen, vlonteen@barbhosp.com

(330) 615-3934

The Ohio State University Wexner Medical Center - Ross Heart Hospital

Non-Invasive Cardiac Unit

452 West 10th Avenue

Columbus, OH 43210

Mark Foster, mark.foster@osumc.edu

(614) 366-8580

The Ross Heart Hospital provides state-of-the-art facilities for heart and vascular procedures, including: cardiac catheterizations, angioplasties, open-heart surgery, cardiovascular imaging, vascular interventions, minimally invasive robotic procedures, and full range of testing and laboratory services for diagnosing cardiovascular disease.

The Ohio State University Wexner Medical Center – Cardiopulmonary Rehabilitation

Outpatient Cardiac Rehabilitation

1800 Zollinger Rd., 2nd Floor

Upper Arlington, OH 43221
(614) 293-2920
Jessica King, JessicaM.King@osumc.edu

Inpatient Cardiac Rehabilitation
Ross Heart Hospital
452 West 10th Avenue
(614) 293-7677
Caitlin (Laubenthal) Beebe, Caitlin.laubenthal@osumc.edu

Pulmonary Rehabilitation & Fitness at Martha Morehouse
2050 Kenny Road, Suite # 1010
Columbus OH, 43221
(614) 293-2800

The Ohio State University Wexner Medical Center's Cardiac Rehabilitation Program guides patients and family through recovery after a heart-related event. Our team of nationally recognized experts is dedicated to caring for people with heart problems. We care for people of all ages who have recently experienced a heart attack, coronary artery bypass surgery, heart valve surgery, heart transplant, heart/lung transplant, angioplasty/stent placement, angina symptoms or other heart problems.

The Ohio State University Wexner Medical Center – Center for Wellness and Prevention
Comprehensive Weight Management Program
2050 Kenny Rd. Suite 1010
Columbus, OH 43221
Kelly Urse, (614) 293-3776
kelly.urse@osumc.edu

The Ohio State University Wexner Medical Center – MOVES Lab
Columbus, OH
Mike McNally, (252) 414-6272
Michael.McNally@osumc.edu
Jimmy Onate, Ph.D., (614) 292-1632
Onate.2@osu.edu

The Ohio State University Wexner Medical Center – Sports Medicine
Jameson Crane Sports Medicine Institute
2835 Fred Taylor Drive
Columbus, OH 43202
(614) 293-3600
Angela Pedroza, (614) 293-7952
angela.pedroza@osumc.edu

The Ohio State University Wexner Medical Center – Sports Medicine: Movement Analysis and Performance Program

2050 Kenny Rd. Suite 3100
Columbus, Ohio 43221
Ajit Chaudhari, ajit.chaudhari@gmail.com

The Ohio State University Wexner Medical Center –Sports Health and Performance Institute

2050 Kenny Rd. Columbus, OH 43221
Dr. Stephanie Di Stasi, (614) 366-7597
Stephanie.distasi@osumc.edu

The Ohio State University Wexner Medical Center – Rehabilitation: NeuroRecovery Network Center

2050 Kenny Rd.
Martha Morehouse Medical Plaza
Columbus, OH 43221
Justin Nicholes
justin.nicholes@osumc.edu

The Spinal Cord Injury Rehabilitation Program at The Ohio State University Wexner Medical Center features the most advanced treatments available to meet patient needs related to total or partial loss of sensation, movement or function due to spinal cord injury or disease.

Our rehabilitation program helps patients regain lost skills or learn to compensate for skills that cannot be recovered.

TriHealth Fitness and Health Pavilion

6200 Pfeiffer Rd.
Cincinnati, OH 45242
(513) 985-0900
Justin Thompson, (513) 246-2645
Email: justin_thompson@trihealth.com

University of Cincinnati Medical Center

234 Goodman Street
Cincinnati, OH 45219
JoAnn Loos, (859) 630-7640
Joann.Loos@UCHealth.com

University of Toledo Medical Center

Cardiac Rehabilitation
Henry L. Morse Center
3065 Arlington Avenue
Toledo, OH 43614
Angie Burkett, (419) 383-6537

Westerville Sports Medicine Center

584 County Line Road West
Westerville, OH 43082

(614) 355-6000

OHIO Non-Clinic Based Internships

Accelerate Ohio Inc.

939 East Wind Drive
Westerville, OH 43081
Scott Baranowski, (614) 891-3278

Accelerate Ohio is an athletic performance enhancement training facility. Interns will be involved in performance training of athletes, including: EMG, blood chemistry analysis, and cinematography studies.

Accelerate Ohio Inc., Speed & Agility Enhancement Center, Sports Training

1405 Dublin Road
Columbus, OH 43081
Brian Schiffer, (614) 891-3278

American Electric Power

1 Riverside Plaza
Columbus OH 43215
Mandy Jones, (614) 790-3117

Arena District Athletic Club

325 John H. McConnell Boulevard #150
Columbus, OH 43215
Kristen Burroughs (614) 461-7785
kburroughs@arenaathletic.com

AT&T Fitness Center

221 E. 4th St., 2nd Floor
Cincinnati, OH 45202
Kendal Cox, (513) 629-8024

Bally's Scandinavian

1290 W. Old Henderson Rd.
Columbus, OH 43220
(614) 326-2080

Barre 3

Upper Arlington:
1735 W. Lane Ave.
Upper Arlington, OH 43221
614-4293945
Powell:
8882 Moreland St.
Powell, OH 43065
740-938-4096
Whitney Carpenter, (614) 429-3945

whitney.carpenter@barre3.com

Battelle

505 King Avenue
Columbus, OH 43201
Rebecca Nguyen, (614) 424-4330

This internship will provide work experience in corporate wellness. It is open to undergraduate or graduate students in Exercise Science, Public Health, or a related field

Responsibilities:

- Collaborate with the wellness program committee to develop, implement, and evaluate the worksite wellness program.
 - Work with the Medical Director to provide additional wellness services in Health Services.
 - Work with the Health & Fitness Coordinator to develop, implement, and evaluate fitness and/or nutrition educational programs for the fitness center members.
 - Develop one fitness center newsletter. This will be emailed to members and posted on the fitness center website.
 - Present on at least one wellness topic to fitness center members.
 - Assist with the daily operations and marketing of the fitness center.
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BP America, Inc.

200 Public Square 4-2505-E
Cleveland, OH 44114-2375
Jim Jadallah, (216) 526-8756
(216) 586-5755 Fax

BP America, Inc. Health and Fitness Center offers internships to undergraduate and graduate students in health and physical education, exercise physiology, community health, corporate fitness and/or nutrition education. Responsibilities include fitness testing and exercise prescription, orientation, consultation and floor supervision. Other duties may include the development and promotion of special events, i.e., Health Fairs, Employee Health and /Fitness Day, Cleveland Corporate Challenge etc. Depending on experience, students may also develop and present health education seminars, behavior modification classes and employee fitness programs. Positions are available throughout the year and generally run from three to four months.

Bethesda Corporate Health Preventative Systems

630 E. River St.
Elyria, OH 44035
(216) 329-7512

Buckeye Gymnastics

558 Charring Cross Dr.
Westerville, OH 43080
(614) 895-2023

Cardinal Health Fitness Center

2215 Citygate Drive

Columbus, OH 43219
Phone: 614-757-FITT
Email: megan.osysko@cardinalhealth.com

Capital Club

41 S. High St.
Columbus, OH 43215
JL Holdsworth, (614)228-0645

Center for Well Being

3111 Hayden Run Rd.
Columbus OH 43235
Barb Rauch, (614) 889-8193

CHAARG

Elisabeth Tavierne, CHAARG.COM

Cincinnati Sports Club & Fitness Club

3950 Red Bank Road
Cincinnati, OH 45227
Julie Dotas, (513) 527-4550
Exercise prescription, programs, and general fitness.

Club Management Inc.

655 Metro Place South
Dublin, OH 43017
Gary Richards

Columbia Gas

101 W. Town St.
Columbus OH 43215
Rich Lash/Nancy Henry (614) 460-6390

Columbus Crew

One Black and Gold Blvd.
Columbus, OH 43221
Tabitha Kunsman, (614) 447-4151

CompuServe Interactive Services

5000 Arlington Centre Blvd.
Columbus, OH 43220
Jeremy Rycus, (614) 538-3535
CompuServe 14,000 square foot corporate fitness facility contains racquetball/wallyball courts, basketball court, free weight room, and cardiovascular fitness room. Associated programs include aerobics and personal training.

Columbus Blue Jackets

200 Nationwide Blvd.
Columbus, Ohio 43206
Barry Brennan, (614) 246-4257

Columbus Crew Training Center

One Black and Gold Blvd.
Columbus, OH 43211
Mike Tremble, (413) 335-3085

Columbus Fitness Consultants & The Equipment Experts

3168 Riverside Drive
Upper Arlington, OH 43221
(614) 488-2994, and
1331 Cameron Avenue
Lewis Center, OH 43035
(614) 888-2994
Gerald Greenspan, getufit1@msn.com
Internship involves personal training, program implementation and wellness programming.

Continental Athletic Club

6124 Busch Blvd.
Columbus, OH 43229
Barb Fanning

Core Materials Corp. (CMC)

800 Manor Park Dr.
Columbus, OH 43228
Ed Blohm, (614) 870-5035

CrossFit Clintonville

609 Oakland Park Ave.
Clintonville, OH 43214
Patrick Woods, (614)745-0434
woods.367@gmail.com

D1 Sports Training

8080 N. High St.
Columbus Ohio 43235
Brian Mohr, (614) 783-4344
Brian.Mohr@D1Training.com
www.D1SportsTraining.com

Denison University – Strength and Conditioning

200 Livingston Dr.
Granville, Ohio 43023
Mark Watts, (740) 587-5463

Donskov Strength and Conditioning, Inc.

7061 Huntley Rd.
Worthington, OH 43229
<http://www.donskovsc.com>
(614) 226-1385

An internship at DSC will dramatically improve your skills as a fitness professional. Internships allow hands-on coaching with up to 35 athletes per day. Our internship is a real life, learn-by-doing experience. During your internship, you will coach middle school, and high school athletes, observe and assist athletes in the following areas of performance enhancement.

Dublin Community Recreation Center

5200 Emerald Parkway,
Dublin, Ohio 43017
(614) 410-4584

F45 Dublin

6585 Dublin Center Dr.
Dublin, Ohio 43017
(614) 726-9121
Paul Anloague, (614) 638-7964
Dublin@f45training.com

Fitness Planning Consultants, Inc.

4140 Tuller Rd. #118
Dublin, OH 43017
Adam Kessler, (614) 460-5348

Elite Volleyball Training Center

8185 Business Way
Plain City, OH 43064
614-504-5363
Josh Lehman, (614) 284-2744
integrityelitept@gmail.com

EPA Wellness Center

26 W. Martin Luther King Dr.
Cincinnati, OH 45014
(513) 569-7199

Discover Financial

New Albany, OH
Christie Riepenhoff, BS, PTA, ACSM-HFS
(614) 283-1011

Fitness Resources

41 S. High Street
Columbus, OH 43215
Jim Franklin (614) 228-0645

Franklin County Board of Developmental Disabilities

2879 Johnstown Rd.
Columbus, OH 43219
(614) 475-0564
Ryan Philips, ryan.philips@fcbdd.org

Gateway Fitness Center - Powered by OhioHealth

5555 Cleveland Avenue
Columbus, OH 43231
Lauren Keller, lauren.keller2@ohiohealth.com
This 8,500 square foot fitness facility is geared toward corporate fitness and wellness services.

Goodwill Columbus

Health & Wellness Activities Coordinator
1331 Edgehill Road
Columbus, OH 43212
Elizabeth Krucky, (614) 583-0358

Healthy Outlook Worldwide, Inc.

4889 Sinclair Rd., Suite 115
Columbus, OH 43229
Arnold Coleman, (614) 430-8050, fax: (614) 430-8052
Provides wellness-programming and related services for corporate customers.

Holzer Clinic Occupational Health, Sports Medicine

4th and Sycamore
Gallipolis, OH 45631
John Cunningham

Honda of America, Mfg Inc. Watson Wellness Center

24000 Honda Parkway
Marysville, OH 43040
Laura Russo, 937-645-8777, Fax: 937-645-8379, E-mail: emplymnt@honmfg.com

Honda of America Mfg Inc.- Anna Associate Center

12500 Meranda Rd.
Anna, OH 45302
Brian Lapp, (937) 498-5798, 1-888-424-Well
The main purpose of the field-experience program is to provide students with opportunities to gain meaningful work experience, exposure to Honda, and a personal growth experience through the support of a mentor. Student responsibilities will include performing fitness assessments,

designing exercise programs based on client needs, orient new clients to fitness equipment, provide personal training to new clients, monitor client program progress and provide feedback, and assist with Wellness Center

Human Form Fitness

1197 Chesapeake Avenue
(614) 487-1440
Michelle Ladd, (614) 309-6555

Huntington Fitness Center

2361 Morse Road
Columbus, OH 43229
Lauren Keller, (614) 480-2399
Email: lauren.keller@hfitcenter.com

JumpBunch

6025 Nicholas Glen,
Columbus, OH 43213
J. Anderson, (614) 285-4544
janderson@jumpbunch.com

LA Fitness

6585 E Broad Street
Columbus OH 43213
Tom Dunham, (614)-892-7092

Lifestyle Family Fitness

1378 North Hamilton
Gahanna, OH 43230
Jozy Borders, (614) 304-2500

MetroFitness

3440 Heritage Club Drive, Hilliard, OH 43026
Site Phone Number: (614) 850-0070
Supervisor: Dr. Mark Myhal
Email: teammyhal@gmail.com
Cell: (614) 325-3964

Responsibilities: Work with the head trainer to assess new clients and develop programming to improve mobility, strength, cardiovascular fitness and fundamental movement patterns. The intern will work with groups and on-board new clients with one-on-one training based on their initial evaluations. In addition, the intern will be required to set-up and strike equipment for group and individual training sessions. This is not a paid internship, however some individual coaching/on-boarding and one-on-one sessions are compensated at a rate of \$15/hr as an independent contractor.

Movement Lab Ohio

400 Lazelle Rd. Suite 5 Columbus, OH 43240

Michelle Warnky, (614) 987-7597
info@mlabohio.com

Muscles for Myeloma

305 Annie & John Glenn Ave.
Columbus, OH 43210
Carmen B. Swain, Ph.D.
swain.78@osu.edu

Responsibilities may include, but are not limited to the promotion and delivery of physical activity fundraising events (e.g., 5k/1 mile walk/run, 25/50/100 mile bicycle ride, virtual experiences), exploring the relationship of physical activity and cancer, collaborative work in a group environment, writing and project opportunities.

Ohio Fit Club

15 W Cherry St (2nd floor), Columbus OH 43215
Mitch Potterf, (614) 388-8763
www.ohiofitclub.com

Ohio Fire Academy

8895 East Main Street
Reynoldsburg, OH 43068
Scott Walker, (614) 752-7119
Scott.Walker@com.state.oh.us

OSU Exercise Science Research Laboratory

William Kraemer, Ph.D.
A54 PAES Building
305 West 17th Ave.
Columbus, OH 43201
kraemer.44@osu.edu

OSU Faculty and Staff Fitness Program

A52 PAES Building
305 W. 17th Ave.
Columbus, OH 43210
Emily Martini, (614) 292-2255
martini.36@osu.edu

OSU Strength and Conditioning

The Woody Hayes Athletic Center
535 Irving Schottenstein Drive
Columbus, OH 43210
(614) 292-2624
Bob Sweeney, (614) 595-1343
sweeney.20@osu.edu

OSU Strength and Conditioning

The Woody Hayes Athletic Center
535 Irving Schottenstein Drive
Columbus, OH 43210
(614) 292-2624
Anthony Schlegel, schlegel.27@osu.edu

OSU Strength and Conditioning

Women's Lacrosse, Women's Ice Hockey, Men's Swimming, Women's Golf, and Rifle
French Field House
460 Woody Hayes Dr.
Columbus, OH 43210
Tom Palumbo, (614) 292-0578
tpalumbo@buckeyes.ath.ohio-state.edu

OSU Strength and Conditioning

Olympic Sports
French Field House
460 Woody Hayes Dr.
Columbus, OH 43210
Andy Britton, (614) 247-7727
britton.78@osu.edu

OSU Sports Medicine and Sports Performance

920 North Hamilton Rd. Suite 600
Gahanna, OH 43230
Dan Inglis, (614) 293-2422
Daniel.inglis@osumc.edu

OSU RPAC

337 W. 17th Ave.
Columbus, OH 43210
(614) 292-7671
Personal Training Coordinator
(614) 292-5153

Power Train Westerville

91 Huber Village Blvd
Westerville, OH 43081
(614) 423-7555
PowerTrainSports.com
Dan Stevenson, (740) 507-8582
danstevenson@powertrainsi.com

ProForce Sports Performance

930 Lila Ave,
Milford, OH 45150

Kevin Hollabaugh, (513) 446-3663, Khollabaugh@proforcesp.com

Intern responsibilities: Learn ProForce Sports Performance strength and conditioning methodology, learn ProForce Sports Performance speed and agility methodology, be able to train adults, scholastic, college, and professional athletes using the ProForce Sports Performance training system, learn business aspects of running a performance center, further knowledge of the strength and conditioning field, and assist in keeping the facility clean

Project Lift

5040 Nike Drive
Hilliard, OH 43026
Drew Dillon, (614)349-6328
Drew@project-lift.org

Seven Studios

275 S. Third Street
Columbus, OH 43215
Julie Wilkes, (614) 288-4291
Juliewilkes01@gmail.com
Services provided: yoga, pilates, boot camp, health promotion and life coaching

Special Olympics

Franklin County Board of Developmental Disabilities
2879 Johnstown Road Columbus, OH 43219
Ryan D. Phillips, Director of Special Olympics, Community Recreation & Aquatics
(614) 342-5984, Ryan.Phillips@FCBDD.org

Studio Torch

Grandview, Ohio
Jon Lorenz, [614-517-4590](tel:614-517-4590), jon@studiotorch.com
High intensity boutique fitness studio which offers students opportunities in teaching group fitness training.

SPIRE Institute

1822 S. Broadway
Geneva, OH 44041,
(440) 466-1002
Bryan McCall, (440) 415-3182
McCall@spireinstitute.org

T3 Performance

1200 Chester Industrial Parkway
Avon, OH 44011
www.t3athlete.com
Marty Thompson, marty@t3athlete.com, (440) 596-0433
The goal of the T3 Performance internship program is to educate participants in all aspects of sports performance coaching and athletic performance. Interns will assist the Performance Staff

in implementing a comprehensive athletic performance training program.

The Adaptive Adventure Sports Coalition (TAASC)

6000 Harriott Rd

Powell Ohio 43065

Joan Arnold, MPH, (614) 499-3738

TAASC has a variety of opportunities available for both planning and implementing programs. We have recently affiliated with the US Paralympics and are designing new programs for youth and young adults. You can read more about TAASC's activities at their website, www.taasc.org.

The Human Form

1197 Chesapeake Ave

Grandview, OH 43201

James Fryer, (614) 487-1440

humanformfitness.com

Interns gain experience in holistic fitness assessment and training

The Spot Athletics

1200 Steelwood Rd., Suite B

Columbus, OH 43212

J.L. Holdsworth, (614) 753-1314

www.TheSpotAthletics.com

jl@TheSpotAthletics.com

T&J No Limit Fitness

3801 Attucks Dr.

Powell, Oh 43065

Jerry Moore, (614) 659-7532

tjlimitfitness@gmail.com

As an intern at T&J No Limit Fitness, you will gain valuable real-world experience helping clients transform their lives through fitness while learning the business of fitness. Duties will include teaching group fitness classes, personal training, as well as assisting with sales, operations, marketing and more.

Ultimate U

5791 Zarley St.

New Albany, OH 43054

Troy McGowan, (614) 855-9489

Verizon Wireless's Health and Wellness Center

5175 Emerald Parkway

Dublin, Ohio 43017

Daniel Deuschle, (614) 560-8778

Verizon Wireless's Health and Wellness Center

5000 Britton Parkway

Hilliard, OH 43026

Dani Shimits (614) 560-8778, danielle.shimits@verizonwireless.com

Internship experience includes personal training, group fitness classes

Walk with a Doc

495 Cooper Road, Suite 209

Westerville, OH 43081

Rachael Habash, (614) 714-0407

rachael@walkwithadoc.org

Summer and Autumn Internship Opportunities Only

Walk with a Doc was started in 2005 by Dr. David Sabgir, a cardiologist in Columbus, Ohio. Frustrated with his inability to affect behavior change in the clinical setting, Dr. Sabgir invited his patients to go for a walk with him in a local park on a spring Saturday morning. To his surprise, over 100 people showed up, energized and ready to move.

Since that first event in 2005, Walk with a Doc has grown as a grassroots effort, with a model based on sustainability and simplicity. [A doctor gives a brief presentation on a health topic and then leads participants on a walk at their own pace. Healthy snacks, coffee and blood pressure checks are also a standard part of a Walk with a Doc event.] The Walk added an Executive Director in 2009 and focused on building a program that could easily be implemented by interested doctors in other cities around the country. As a result of these efforts, the reach of Walk with a Doc now extends all around the globe with over 300 chapters worldwide! Contact Rachael Habash, Executive Director, to find out how you can help make a difference.

Wright-Patterson Air Force Base

711 Human Performance Wing (711 HPW/RHCPT)

Air Force Research Laboratory Wright-Patterson AFB, OH 45433

Edward S (Ed) Eveland, PhD, CFT

(937) 938-2578 (Ofc Bldg 840)

(937) 904-6368 (Human Performance Lab)

Edward.Eveland@wpafb.af.mil

YMCA – Sports and Wellness Programs

Shawn W Gunnoe

Downtown Columbus YMCA

Sports and Wellness Director

614-224-1131 ext 131

YMCA - Columbus

40 W. Long Street

Columbus, Ohio 43215
Allyn Blind, (614) 224-1131

YMCA - Liberty Township/Powell
7798 North Liberty Road
Powell, OH 43065
Michele Cannell, (740) 881-1058

Out of the State Internships

Bfit Bwell

Anschutz Health and Wellness Center
Univeristy of Colorado
12348 E. Montview Blvd. Mail Stop C263
Aurora, CO 80045

Nicole Gleason, Nicole.gleason@ucdenver.edu

A program that is devoted to providing wellness and fitness strategies for cancer survivors.

Apple Wellness Internship

Cupertino, CA

<https://jobs.apple.com>

Apple Wellness offers a hands-on internship for undergraduate and graduate students in the field of exercise physiology, health and wellness and kinesiology. The internship offers experience in both the Fitness Center and in the Preventive Care settings. Students gain practical experience in lifestyle counseling, exercise prescription, and exercise leadership for a large and diverse population. Interns will have the opportunity to assist with clinical testing including resting and exercise EKG's, maximal stress testing and VO2-max testing. The duration of the internship is 15 to 20 weeks and compensation includes hourly salary, relocation, and housing assistance.

Athletes' Performance

4 Portofino Drive, Ste. 2003
Pensacola Beach, FL 32561
Anthony Hobgood, (850) 916-8650

Athletes' Performance

18400 Avalon Blvd. Suite 800
Carson, CA 90746
Zac Woodfin, (310) 630-2290

Bronson Battle Creek Cardiac Rehab/Stress Testing

Bronson Battle Creek Hospital
Cardiac Rehabilitation
300 North Avenue
Battle Creek, MI 49017

Doug Miller, (269) 245-8188, milldedo@bronsonhg.org

Bronson Battle Creek offers cardiac rehabilitation as well as inpatient and outpatient stress testing.

Cooper Sport Performance & Rehab

4895 W. Waters Avenue
Tampa, Florida 33634
Lauren Noe, (813) 362-5432

Cooper Sport and Performance is a private sector strength and conditioning facility that specializes in training athletes of all ages.

Defining Natural Ability

1647 Macklind Avenue

St. Louis, MO 63011

Victor Kizer, (314) 499-1131

victorkizer@gmail.com

Duke University Integrated Health Sciences

Cris Slentz, Ph.D., Director Intern Program

cris.slentz@duke.edu

Interns gain experience working with clinical trials investigating the effects of exercise interventions on cardiovascular and metabolic outcomes in the laboratory of Dr. William Kraus. Interns will have the opportunity to become familiar with the function and operation of laboratory equipment used for subject testing and collection of physiological data while assisting with data collection, data reduction, and data analysis.

Dynamic Sports Training

20230 Cypress Rosehill Rd.

Cypress, TX 77377

Kevin Poppe, (281)-532-5230

kevin@dynamicssportstraining.com

Impact Sports Performance

11575 Main Street #100

Broomfield, CO 80020

Tyler Matoba, tyler@myimpactsports.com

303-IMPACT-U (303.467.2288)

Mayo Clinic

Rochester, Minnesota

Cardiovascular Health Clinic

To apply: <http://www.mayoclinic.org/jobs/internships.html>

The Exercise Specialist Internship at the [Cardiovascular Health Clinic](#) provides you with comprehensive, hands-on practical and technical experience in delivering innovative clinical services. Internships last 12 to 15 weeks, but length may be adjusted to meet school requirements.

National Institute for Fitness & Sport

250 University Blvd.

Indianapolis, Indiana 46202

(317) 274-3432

The National Institute for Fitness and Sport is dedicated to enhancing human health, physical fitness and athletic performance through research, education and service for people of all ages and abilities. The NIFS mission is carried out through a variety of departments, including Athletic Performance, Corporate Fitness Management, Educational Services, Fitness Center and Youth Development. Types of internship available, include:

Corporate Fitness Management: This internship is for the individual who is interested in working in a fitness center located within a corporation or an older adult facility. The intern in this position will be assigned to one of many corporate or older adult sites managed by NIFS.

Older Adult Management: This internship is for the individual who is interested in working in a fitness/wellness center located within a senior living community. The intern in this position will be assigned to one of many senior living sites managed by NIFS.

Fitness Center: This internship is for the individual who is interested in working in a large and diverse fitness center.

Northwest Hospital and Medical Center

Cardiac Rehabilitation
Mcmurray Medical Building
1536 North 115th St Suite 210
Seattle, WA 98133
Lisa Holroyd, (206) 368-6550

Presence St. Joseph Medical Center

Cardio-Pulmonary Rehabilitation, 4th Floor
333 North Madison St
Joliet, IL 60435
Margaret Downey, (815) 725-7133x7847

Project Walk

2738 Loker Avenue
Carlsbad, CA 92010
Jason Smith, 760-431-9789
Jasons@projectwalk.org

Public Safety Medical

324 E. New York Street, Suite 300
Indianapolis, Indiana 46204
Abby Berghoff
(317) 964-2349 Direct Line
(317) 972-1180 Office Phone
(317) 972-1190 Fax
www.publicsafetymed.com

Interns will gain valuable hands-on experience in the areas of treadmill testing, ECG interpretation, body composition analysis, muscular strength and endurance testing, flexibility

testing, and fitness consultations/exercise prescriptions. For the services provided during the internship, each intern will also receive a \$500 stipend.

Prudential Center, FitCorp

800 Boylston St
Boston, MA 02199
Scott Panneton (617)-262-2050

Skyhawks Sports

6311 E. Mount Spokane Park Dr.
Mead, WA 99021

Jason Fraizer, (614) 378-2777

Skyhawks Sports Academy, the nation's largest provider of youth programs for children has an immediate opening for a sports marketing/recreation intern.

The Hershey Company Fitness & Wellness Intern

Hershey, PA
(800) 468-1714

The Hershey Company is dedicated to educating, motivating, and engaging employees to make healthy lifestyle choices resulting in enhanced overall well-being and optimal productivity. The wellness program includes two on-site Fitness Centers and numerous fitness rooms at various locations. The main Fitness Center, a 30,000 sq. ft. facility, is available to employees, employees' spouses, retirees, retiree's spouses, contractors, and eligible dependents. This facility includes a Cardio-theater room, a weight training room, an aerobics room, a gymnasium, an indoor walking/running track, and an indoor swimming pool. Responsibilities for interns, the educational experience offered by The Hershey Company includes:

- Designing and administering fitness and wellness programs
 - Learning and assisting with fitness testing
 - Administering personal fitness counseling
 - Organizing and administering special programs
 - Learning and participating in aerobics and aquacise classes
 - Developing and designing promotional materials
 - Learning and using advanced computer programs
 - Learning the business aspect of corporate wellness preferred
 - Ability to work with all age populations
-

University of Michigan – Cardiovascular Medicine

Domino's Farms
24 Frank Lloyd Wright Dr. Lobby A
Ann Arbor, MI 48106-0363

Steven Walsh, BS 734-998-4917 stewalsh@med.umich.edu

The Cardiovascular Medicine Exercise Physiology Internship offers a 16-week long internship program geared towards Exercise Physiology, Exercise Science and Kinesiology students seeking a clinical experience in cardiac rehabilitation and stress testing. The program's weekly time commitment is 40 hours per week. Hours of operation are 8am-5pm, with evening hours one day per month. The internship program offers a \$450 per month stipend.

YMCA - New Braunfels

710 Landa Street

New Braunfels, TX 78130

Marc DuFrene, (830) 606-9622, marcd@ymcasatx.org

Out of the Country Internships

Medical Center for Metabolism (Italy)

Piazza Matteotti 8

50018 Scandicci Firenze

Dr. Cosimo Russo, +39 055-252-358

Cosimoroberto.russo@metag

Specializes in screening of metabolic disorders, and osteoporosis.

University of Queensland Sports Academy (Australia)

University of Queensland

Building 25, Union Rd. St Lucia, QLD 4067

(07) 3365 6223

elliotj@uqsport.com.au

For questions or requests to be added to this list, please contact Carmen Swain, PhD, swain.78@osu.edu