

**BACHELOR OF SCIENCE IN EDUCATION, Sports Coaching, Recreation and Physical Education
Sports Coaching and Recreation**

Effective for students admitted to the College of Education and Human Ecology beginning Summer 2020

COURSE & NUMBER	HRS	COURSE & NUMBER	HRS
UNIVERSITY REQUIREMENTS (46-50 semester)		MAJOR CORE REQUIREMENTS (42)	
Writing (6)		KNPE 2201 – Concepts of Fitness and Wellness	3
ENGLISH 1110.01 or 1110.02 or 1110.03	3	KNPE 2262 – Coaching the Young Athlete	3
^{2, 5} 2 nd Level Writing Course (2367)	3	KNPE 2307- Adventure Based Learning	3
		KNPE 2542- Lifespan Motor Development	3
^{3, 5} Literature (3)	3	KNPE 2601- Introduction to Instructional Skills	3
		KNPE 3305 – Court Sports	3
^{3, 5} Arts (3)	3	KNPE 3555 – Mental Performance for Youth Sports	3
		KNPE 4191 – Sports Coaching and Recreation Internship (6)	3+3
Math (3-7)		KNPE 5643 – Coaching Effectiveness	3
Math Placement M or higher, MATH 1148 or Equiv	0-4	KNPE 5521 – Skill Analysis	3
Next Math course past placement, MATH 1131, or other course from university approved Math & Logical Analysis list	3	KNPE 5544- Introduction to Adapted Physical Activity	3
		KNPE 5655 – Perspectives on Coaching	3
		⁶ KNPE 5795- Sociocultural Issues in Sport, Recreation & Physical Education	3
Data Analysis (3)		Choose either Option A, B, or C for 12-13 hours	
STAT 1350 or 1430 or 1450	3	Option A: Choose 12 hours	
		KNPE 3302- Tching Rqt Sprts or KNPE 2301 Tching Invsion Sprts	3
		⁶ KNPE 5657- Sprt & Disability	3
⁴ Science (10)	10	KNPE 4489.05 – Advncd Fld Exp: Interscholastic Coaching	3
Take two or three science courses totaling at least 10 credits from University approved GE list. At least one course must have a lab. At least one course must be a Biological Science and one must be a Physical Science.		SOCWORK 2110 – Prevntn and Youth Dev Sport, Rec, and Play	3
		KNSISM 4245- Ldrshp & Prgrming in Sprts Indstry	3
		KNSISM 4509 – Sport & Leisure Service Delivry and Promotion	3
		KNSISM 4607 – Legal Aspects of Sport	3
		HDFS 2400- Life Span Hmn Development	3
		HDFS 2420 – Adolescence and Emerging Adulthood	3
		COMLDR 5350 – Youth Organizations & Program Management	3
		COMM4554 - Social Media	3
		PSYCH 2420* – Psychology Applied to Sport	3
		PSYCH 3551* – Psychology of Adolescence	3
		PHYSICS 1110 - Physics of Sports	3
		SOCIOL 4655 – Sociology of Sport	3
		HTRHSC 5550 – Survey of Sports Medicine	3
		Note:* indicates class has a prerequisite	
^{3, 5} Historical Study	3	Option B*: Youth Development Minor (12-13 hours)	
		Select 9-10 hours from:	
		SOCWORK 2110 – Prevntn and Youth Dev Sport, Rec, and Play	3
^{2, 5} Social Science (6)	6	COMLDR 5350 – Youth Organizations & Program Management	3
Take two social science courses from University approved GE list. Choose from 2 different subcategories		PSYCH 3551 – Psychology of Adolescence	3
		OR	
^{3, 5} Culture & Ideas or Historical Study	3	HDFS 2420 – Adolescence and Emerging Adulthood	4
Open Options (6)		Electives – (minimum 3 credits)	
Choice	3	ANTHROP 5630 – Language and culture in Education (youth)	3
Choice	3	COMLDR 3330 – Program Development & Evaluation	3
EHE 1100 (1)	1	COMM 4401 – Mass Communication and Youth	3
		ESEPSY 5401 – Adolescent Lrning and Dev in School Contexts	3
		HDFS 5350 – Families with Adolescents	3
		HDFS 5892 – Special topics in Adolescent Development	3
		INSTD 5801 – Children and War	3
		KNSISM 4245 – Leadership & Programming in Sports Industry	3
		PSYCH 4555 – Adolescent Sexuality	3
		PSYCH 5648 – Psychology of Delinquency	3
		SOCIOL 2310 – Sociology of Gangs	3
		SOCIOL 4511 – Juvenile Delinquency	3
		SOCWORK 3597 – Adolescent Parenthood and Sexuality: International Perspectives	3
ELECTIVES (15-20)		Option C: 12 Credits from an Applied Associates degree in related field including but not limited to:	
Major Admission Requirement: minimum 2.5 CGPA and 12 OSU credit hours. Pre-major Requirement: minimum 2.5 CGPA and 12 OSU credit hours.		Columbus State Community College's AAS in Sports and Exercise Studies majors in:	
		<ul style="list-style-type: none"> • Exercise Science • Exercise Science, Athletic Performance Track • Physical Education • Physical Education – Coaching Track • Recreation and Leisure Studies • Sport Management • Wellness & Health Promotion 	
		TOTAL HOURS REQUIRED 120	

¹ English 1110.03 must be taken concurrently with English 1193.03

² Students must complete one Social Diversity in the US course, which is typically met by selecting a 2367 or Social Science course that meets this requirement.

³ Students must complete two Global Issues courses, which are typically met by selecting Literature, Art, Cultures & Ideas, or Historical Study courses that meet this requirement.

⁴ Two or three courses are needed to complete this requirement. Choose one biological and one physical science course. At least one course must contain a lab.

⁵ Highlights category where overlap within the GE may occur, such as between Arts and Historical Study, Literature and Social Sciences, 2nd Writing and Social Sciences, etc.

⁶ Course is taught every other year. Consult with advisor.

[^]Youth Development Minor: No courses matching in the major are allowed to overlap into the minor. The minor must have 12 unique credit hours.